

AVI NARDIA TESTIMONIALS

To Whom It May Concern,

Having served, trained, and operated with several specialized units in both my military and law enforcement career, I was exposed to several martial arts and self-defense systems. Many of these systems were being taught by self-professed experts who lacked any real world experience or training. Not that the study of martial arts or self-defense systems is not beneficial in some ways, however, when it comes right down to it the question remains – “Are you training for your life or are you training for your ego?”

In 2005, I had the opportunity to meet Avi Nardia and I was immediately impressed with his demeanor and his approach to training – whether it was teaching self-defense, firearms, personal protection, or SWAT team operations. He is as he says - “sometimes a teacher and sometimes a student.” With Avi, it’s not about supporting a particular style or obtaining a colored belt. It’s about teaching techniques that work based on experience and the concept of evolution and evaluation. Since techniques change over time – either as a result of technological advances or human circumstances, they must also be evaluated to see if they: 1) are reasonable, 2) can effectively be utilized, and 3) are techniques that are specific to the individual(s) or teams using them.

It is this teaching concept, along with Avi’s real world experience, that makes him unique. Having spent the last year training under and with Avi in the Kapap Academy, I must say it has been a rewarding experience both professionally and personally. He is not a self-professed expert. He is, in fact, the real thing – warrior, teacher, instructor, student, and mentor.

Whether you are a civilian or in a law enforcement or military community, I highly recommend that you take advantage of the training that Avi and his team can provide. It is real training for when it really matters.

Don’t just train. Train right. Train smart.

Respectfully,

Tad Nelson

"Avi brings real life experience and real combat experience to a real new world need. He provides the thorough training and practical applications needed to face real life confrontations. Avi's training is exactly what I need to face my everyday challenges as a Correctional Officer."

Tony De Gies
Correctional Officer
California State Dept. of Corrections
CSPLAC

I have been training martial arts for 25 years and work as professional security instructor in Finland. I went for KAPAP instructor course level 1 in Gothenbourg, Sweden. Major Avi Nardia really impressed me by the professional teaching and knowledge of realistic close-hand-combat and self-defence. Mr. Albert Timen introduced the Israeli point- shooting in enthusiastic and efficient way. I realized that shooting really is also a martial art.

KAPAP is highly recommended for all the people from civilians to special forces. KAPAP is realistic with all the aspects one needs for surviving without any additional "tricks"

Both Avi and Albert are very highly skilled professional in their field and also very symphatetic persons which makes their teaching very enjoyable.

I am very happy becoming a member of the KAPAP family and really proud in presenting the system in my country.

Pertti Kuronen, Finland
Instructor, KAPAP
Chief insructor Finland, FOX kickboxing
Representative Europe, ISFA Shootfighting

I completed my Kapap Level 1 Instructor with Avi Nardia in Nov 05. I thoroughly enjoyed the course it was tough training but a very enjoyable experience. I learnt a vast amount about Kapap principles and techniques. Avi Nardia has a huge knowledge of Kapap. I also found Avi to be a very approachable and humorous person. The instruction was 1st class. all done in a friendly and safe manner. I would definitely recommend training with Avi if you get the opportunity.

Best wishes for the future.

Craig Welsh (www.kapapsheffield.co.uk)

To Whom It May Concern

PKS Sicherheit AG is a leading Swiss provider in terms of corporate security solutions and close protection services. Being positioned into the high risk / ultra high risk market, we carry out counter terrorism-related operations in Europe as well as in remote countries.

Our operational members all have decades of experience in traditional martial arts and self defence techniques. However, these techniques work in very specific situations presuming ideal constellations, comparable to laboratory conditions.

Being introduced to the KAPAP-system by Maj Avi Nardia, we have chosen this method after having carefully analysed it because of the following advantages:

1. The KAPAP system provides a full coverage of fighting positions (stances, ground fighting positions). It combines the most effective techniques and does not exclude any of them for ideological or dogmatic purpose as other systems do.
2. The KAPAP system is battle-proven and adapts to the natural environment as we face it during our protection assignments. Some traditional systems work as long as one has the privilege to stand on a Dojo-Tatami and all of the opponents are wearing traditional white Gis or Doboks. KAPAP is different and it faces reality.
3. The KAPAP system pays attention to the fact that we
 - a) work with firearms
 - b) work in a team and those team mates play an important role (i.e. shooting direction)

Besides his special forces background, Maj Avi Nardia also has a vast traditional martial arts background and therefore knows very well, what he is talking about. He is competent and capable to compare various techniques and also explain to you, why some frequent, traditional techniques won't work under real-life conditions and how to adapt them into real life situations.

We can only recommend Maj Avi Nardia and the KAPAP system to anyone who has to deal with counter terrorism issues and real life threats.

It is not often that you meet a good fighter and technician who is also a good teacher and a good training partner – it seems that being one often prevents a person from being another. Avi Nardia is one of those people who can play all of these roles to the highest standard. His open approach to learning in the martial arts is refreshing and without ego (something quite rare) and is one of the Key reasons as to why what he teaches is so effective.
