

Jeremiah Lancaster

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BACKGROUND

Jeremiah Lancaster is a close quarters combat and hand to hand instructor at Ft. Bragg, NC. He was the head MMA coach at Team-ROC in Fayetteville, NC as well as being a professional MMA fighter himself. He has coached 2 All-Army Championship teams with several All-Army Champions. Jeremiah has also coached in the International Fight League as well as hundreds of other fights in many organizations. He is currently the Head Combatives and CrossFit Instructor for RedPoint LLC.

EXPERIENCE

- Head Coach Team-ROC Fayetteville/FT.Bragg 2004-2008
- Head Combatives Instructor for 7th Special Forces Group 2006-2008
- Head Combatives Instructor for 7th Special Forces CIF/DA teams 2005-2008
- USASOC and JSOC Hand to Hand, cuffing, and weapon retention/transition instructor 2004-2008
- Subject Matter Expert consulted for the John F. Kennedy Special Warfare Center/Q-course combatives program.(2007)
- Level 4 Modern Army Combatives Instructor
- Responsible for teaching/certifying Level 1 and 2 MACP instructor courses.
- NAGA-National,North American, and World submission wrestling champion
- Budweiser World Champion submission wrestling
- ISKA SouthEastern US Champion(MMA)
- 6-0 MMA record
- State Champion in freestyle wrestling
- 2nd Place Judo Black Belt State Championship
- Training done with weapons and with kit

EDUCATION/CERTIFICATIONS

- Level 4 Modern Army Combatives Instructor
- USA Boxing Certified Coach
- USA Wrestling Certified Coach
- US Thai Boxing Association Certified Coach
- CrossFit Certified Instructor
- 15 years wrestling
- 8 years boxing
- 7 years submission grappling
- 7 years Muay Thai kickboxing