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American Jiu-Jitsu Karate Association International

AJKAI

he International Okinawan Budo – Kai IOBK.





Tentative Guest Instructor: World Renowned Martial Artist and Author Shihan Terru Wilson

Shihan Terry Wilson is a five time Emmy Award winning television producer, director, writer and on camera host/reporter. Shihan Wilson writes for many of the world's leading martial arts publications, and also writes for numerous mainstream magazines

Terry is the only person ever to receive an Emmy for producing a martial art special – "Karate Kung Fu & Arts of Self Defense – 1976. He was also the first to direct Full Contact Karate and Kickboxing for network television broadcasts on CBS, NBC, ESPN. He was also director of syndicated programming for the World Karate Association.

Shihan Wilson's instructors include:

Gene LeBell (judo)

Ed Parker (Kenpo karate)

Bong Soo Han (Hapkido)

Bob Chaney (Muay Thai) Douglas Grose (Shinto Yoshin)

Come Train With A Living Legend!

Terry's New Book "Life is Short and So Am I"

A Must For All Who Want To Expand Their Training!!!!

Cost: \$50.00 For the Day. **Special pricing for competitors!**

> A.J.K.A.I. & I.O.B.K. **SANCTIONED!!!**

Instructors:

Hanshi John Chatwood Hanshi Matt Molineux Hanshi Vera Harrison Shihan James Gifford Shihan Kevin Chatwood



Shinto Yoshin Ruu Jiu-Jitsu Shinmei Shorin Ryu Karate Tae Kwon Do Hakutsuru White Crane

 $\begin{array}{c} Chinese, Japanese, Okinawan \\ \overleftarrow{\mathcal{E}} \end{array}$ Korean Arts

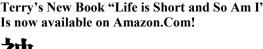
Friday August 9th, 2013 9:00 A.M. - 3:00 P.M. **First English Lutheran Church** 725 E. Forrest Hill Ave., Peoria, Illinois

The Friday Day Before The **Douglas Grose Memorial Martial Arts Tournament Come To The Seminar. Stay For The Tournament Special rates apply for all !!!!**

Contact Ms. Harrison For Details.



Shinto Yoshin Ruu



Subject of Study:

♦ Principles of Jiu~Jitsu

- ♦ Entering & Controlling Techniques
- ♦ Chokes Shime-waza
- ♦ Stop, Shock, Immobilize & Incapacitate
- ♦ Effortless Takedowns,
- ♦ Hidden Techniques within Jiu~Jitsu

- ♦ Entering & Blocking Methods
- ♦ Joint Locking Flow Series
- ♦ Wrist Locks, Arm Bars & Leg Locks Kansetsu-waza
- ♦ Hazushis (releases)
- ♦ Kaeshi/Gaeshi-Waza (transitioning/countering)
- ♦ Kime-no-Kata (forms of self-defense)

For Information Contact: www.ajkai.com

Hanshi Vera Harrison (309) 251-8588

Hanshi John Chatwood (775) 400-6376

Shihan Kevin Chatwood (309) 369-1065

Shinmei Shorin Ruu















I.O.B.K.

Cost: \$50.00 For the Day. Special pricing for Seminar & **Tournament Participation!**

REGISTRATION FORM

Friday August 9th, 2013 9:00 A.M. - 3:00 P.M.

A Must For All Who Want To

Expand Their Training!!!!

Internationally Known Instructors

Location: First English Lutheran Church 725 E. Forrest Hill Ave., Peoria, Illinois

This Is The Weekend Of The Douglas L. Grose Memorial Martial Arts Tournament Come To The Seminar, Stay for Vera Harrison's Evening Seminar, Stay for The Tournament. Special rates apply for all who do both seminars or seminar & tournament.

Contact Ms. Harrison For Discounted Prices (309) 251-8588

Fee Payable By Check, Cashier Check, Money order. Make Checks Payable To: AJKAI (for Summer Seminar only)

Name			Rank		
Address					
City		State	Zip		
Phone					
Emergency con	tact:				
Style:					
School:					
Instructor:		For Information Contact:			
		i or information Contact:			

Hanshi Vera Harrison (309) 251-8588

www.ajkai.com Hanshi John Chatwood (775) 400-6376

Shihan Kevin Chatwood (309) 369-1065

American Jiu-Jitsu Karate Association International & International Okinawan Budo-Kai

Liability Release

Name			
Address			
City		Zip	
PhoneCell			
Emergency contact:			
I have redischarge any and all rights and claims and agree to harts, the American Jiu-Jitsu Karate Association I First English Lutheran Church and all their instructed amage, hurt and injury including death which I may from and / or participating in any class, seminar, demovalved with, be it as participant or spectator. I also unquence if I decide to use any and all material shown, understand that any material taught or given to me is to use it. I also understand that by taking this course to use any material taught or given. It is my responsible injures and agree to hold the Instructors free and innot I am participating at my own risk and volition and I have consulted with a licensed physician and have sume all risks involved, including hurt, injury and tact and physical activity and by participating, I ment I state I am fully aware of my actions and I against the afore mentioned.	nold innocent Harrison nternational, International, Internations, staff, students or any have or which may ochonstration, event or any nderstand it is my sole retaught or given to me be solely my responsibility or participating in this expected of cause or harm. I am physically able we been deemed fit to pure light or injury including the stand to may incur injury including the stand to make the standard	and Dorris College of tional Okinawan Buckers of the presentative of, cur to me while travely presentation to which esponsibility, judgmenty the Instructors of this y and my discretion if went does not give me seed by me in using the participate. I the part that the Martial Arts ding death. By signin	of Martial lo-Kai, for any ing to and a I am in- at and conse is course. I I so choose permission ese tech- these events icipant, as- are a con- g this docu-
Signature of Participant	Date		
Or Responsible Person / Guardian if Participant is un	nder the age of 18 (Eigh	teen) years of age.	
Return with Harrison and Dorris C 1748 N. Sh		the tournament	form!

Please Check Which You Plan On Attending:

AJKAI Seminar Friday August 9, 2013 9:00 A.M. - 3:00 P.M.

Harrison & Dorris Seminar Friday Night August 9, 2013 6:00 P.M. - 9:00 P.M.

Douglas L. Grose Memorial Tournament Saturday August 10, 2013 8:00 A.M. - 6:00 P.M.