

Philippine Martial Arts

Digest

Mini Issue
2009



Pallens/Senkotiros 2009 Sama-Sama

January 31 - February 1, 2009
Union City and San Leandro, CA.

*Grandmaster Max Pallen
Professor Joseph Pallen
Professor Max Pallen Jr.
Professor Jordan Pallen*



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Filipino Martial Arts Digest is published and distributed by:

FMA Digest

1297 Eider Circle

Fallon, Nevada 89406

Visit us on the World Wide Web: www.fmadigest.com

The FMA Digest is published quarterly. Each issue features practitioners of martial arts and other internal arts of the Philippines. Other features include historical, theoretical and technical articles; reflections, Filipino martial arts, healing arts and other related subjects.

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From the Publishers Desk

Kumusta

The Sama-Sama has been a tradition of Pallens Martial Arts and Senkotiros Inc. for 40 years and 2009 was its 41st year.

Throughout the years Senkotiros has grown and is still continuing to grow. And not just as a style or organization but as a family.

This year it was another fantastic year, full of demonstrations during the Banquet and a Masters seminar which taught all aspects of the Pallens / Senkotiros martial arts.

If you have not attended a Sama-Sama then you are definitely missing an event that will both impress and be a memory for you the rest of your life.

This event is most highly recommended to all to attend if at all possible. Be a part of an event that has grown and continues to get better and better with each year that passes.

Maraming Salamat Po

Senkotiros Incorporated & Pallen Martial Arts Association



Professor Max Pallen Jr. - Grandmaster Max Pallen - Professor Joseph Pallen - Jordan Pallen

**Pallens/Senkotiros 2009
Sama-Sama**

Senkotiros Annual Sama-Sama Banquet

January 31, 2009
Holly Community Center
Union City, CA.

Masters Seminar

February 1, 2009
PMAA
13752 Doolittle Drive
San Leandro, CA.



Pallen's / Senkotiros
"Sama-Sama"
The Gathering 2009
By: Manoi Jim Schaufele

The Pallen's/Senkotiros Sama-Sama banquet was perfect: great food, great company and great entertainment. It was the 41st anniversary of the Pallen's/Senkotiros Organization gathering this year. The gathering was created as a venue to come together and celebrate. It was a fabulous three days event. On Friday, January 30th was the Senkotiros membership initiation and rank evaluation. Saturday, January 31st was the banquet celebration and Sunday, February 1st was the Pallen Master's martial arts seminar, where Grandmaster Pallen's three sons share their specialized knowledge and experience to the seminar participants.

The Banquet

The banquet looked beautiful with dressed tables and decorative walls with key words that Pallen's martial arts live by: Modesty, Integrity Perseverance, Courage, and Indomitable Spirit. The gathering "Sama-Sama" banquet was celebrated with family members, friends, affiliates members from local and out of state areas like; Texas, Pennsylvania, New Jersey. It was a joyous occasion that brought the organization together focusing on family bonding and unity which, is key to the family organization. After the dinner, everyone prepared for the demonstration from the individual affiliated Pallen's martial arts/ Senkotiros schools: Union City, Castro Valley, Antioch, Texas, and San Leandro.



Union City - Demo Team



Castro Valley - Demo Team



Senkotiros - Texas



San Leandro - Demo Team

The finale of this extraordinary martial arts evening was the exciting surprise by Grandmaster Pallen San Miguel whip presentation, complete with Indiana Jones theme and background music.



Grandmaster Pallen
San Miguel whip presentation



Everyone was very friendly and approachable. Some our VIP guest this year was Grandmaster Tyron Crimi, Professor Suzimi Sensie, Master Michael Giron - "Original Bahala Na", Grandmaster Robert Castro, Professor Mike Morell - FMA Eskabo Da'an and Professor Pat Tyrrell and her son Sifu Tim - Gaskill Kajukenbo.



Union City



Guro Mariza and Guro Dary



Guro David and Tugan Andre



Castro Valley



Manai Jane and Manoi Mike



Guro Shana and Guro Karla



Manoi Restie



Tugan Jowett



Senkotiros - Texas



Senkotiros - Texas



San Leandro

Masters Seminar

Grandmaster's three sons, Professor Joseph, Professor Max Jr. and Professor Jordan Pallen, conducted this year's Master seminar on Sunday. All three sons started training in Kenpo and Philippine martial arts, when they were 5 years old and are accomplished local and national champions in sport martial arts and continued their skills in their personal martial arts development.



Professor Joseph shared his skill in "Panuntukan" or boxing and also internal energy principles. Professor Joseph Pallen is the eldest son. Grandmaster tried to live his childhood through Joseph and trained him in the martial arts to be the person that he wasn't when he was a child. Despite his successes through tournaments, Professor Joseph didn't have the same passion as his father, at the time and

stopped when he went to the University of California, Davis. Surprisingly, after graduating from college, he realized his move for the arts and opened up his first martial arts school in Dixon, and soon after opened two more in Antioch and Davis, all in California. After operating three successful schools, Professor Joseph earned his Masters' Degree in Education Administration and still teaches martial arts in Davis to his dedicated students.



Professor Max Pallen Jr., the second oldest son shared his expertise in "Buno"-grappling art and the different Japanese weapon arts. He was once a member of the PAN-AM team in BUDO and trained in Olympic training center in Denver Colorado. He is a successful Martial arts school owner and is a very inspiring martial arts instructor and mentor to his students.





Professor Jordan Pallen the third son of Grandmaster Pallen. He shared his extended knowledge in Senkotiros-Arnis. Professor Jordan Pallen is a black belt in Tae Kwon Do and is a two times World Stickfighting Champion and three times National Champion in full contact stick fighting competition. He was also ranked the #1 Super Heavy Weight Champion in the National Black Belt League. He is the

promoter of the largest martial arts event, Golden Gate Internationals, in Northern California and President of the Affiliated Martial Arts Promoters Association, which Grandmaster had started back in 1983. Also, he is a successful martial art school owner along with his wife, Felipa Pallen.





Lunch to gather the strength

Our guest Master instructor this year was Master Michael Giron, the son of legendary “Bahala Na” Grandmaster, Leo Giron. He demonstrated “Original Bahala Na” style of Philippine martial art, followed by Manoi Dean Goldade which taught more “Buno” wrestling and mixed martial arts. This was an amazing weekend full of fun, camaraderie and Philippine Martial Arts.



Guro Scott, Guro Will, and Manoi Dean

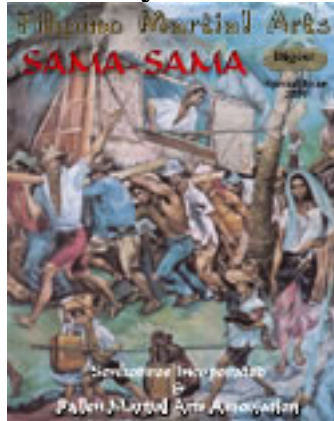


Lakan Jason, Guro Lascelles, and Guro Shauna



A get together for Dinner after the seminar

Read the History of the Sama-Sama



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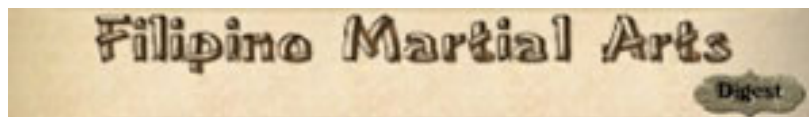
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