

# Filipino Martial Arts

Business-Trade-Registered

Digest

Special Issue  
2009

Securities and Exchange Commission  
Republic of the Philippines



Department of  
TRADE & INDUSTRY  
Philippines

**Publisher**  
Steven K. Dowd

**Contributing Writers**

**Contents**

**From the Publishers Desk**

**DTI-Business Name Registration System (BNRS)**

**FMA Digest Listed Schools:** In the Philippines

**Republic of the Philippines - Securities and Exchange Commission**

**FMA Digest Listed Products and Services:** In the Philippines

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The FMA Digest is published quarterly. Each issue features practitioners of martial arts and other internal arts of the Philippines. Other features include historical, theoretical and technical articles; reflections, Filipino martial arts, healing arts and other related subjects.

The ideas and opinions expressed in this digest are those of the authors or instructors being interviewed and are not necessarily the views of the publisher or editor.

We solicit comments and/or suggestions. Articles are also welcome.

The authors and publisher of this digest are not responsible for any injury, which may result from following the instructions contained in the digest. Before embarking on any of the physical activities described in the digest, the reader should consult his or her physician for advice regarding their individual suitability for performing such activity.

## **From the Publishers Desk**

### **Kumusta**

With the help of Punong Lakan Garitony Nicolas the MAMFMA Founder, the FMAdigest was able to obtain the listings of the Business Name Registration System (BNRS) and the Securities and Exchange Commission of the Philippines.

You ask so what? Well now you shall know who is registered and who is (*How they say in America*) working under the table. Really not a big deal for all the Instructors I have met in the Philippines thus far, are more than qualified in their art it is just a question on what style you prefer to learn and gain knowledge.

The FMAdigest is asked quit often on who they recommend to visit while someone is visiting the Philippines. The FMAdigest has no favorites for each Grandmaster, Master, Guro is very good and each style is unique in its own way. It is just a matter of personal preference. So included is all the schools in the Philippines that the FMAdigest has listed on the website. Just visit the page to obtain the Email or the personal Website of the school you are interested in.

Also is asked where to buy equipment, books, videos or sometimes a particular service while in the Philippines. So I have listed what is advertised on the FMAdigest Website and that has been advertised in one of the Regular Issues. I know there are more companies in the Philippines that sell equipment, books, and videos or private individuals that also sell the same, but this is what is known to the FMAdigest.

So I hope this Special Issue is of some value to you the reader. And I know there maybe some practitioners that maybe registered, but they did not show up on the lists of the Business Name Registration System (BNRS) or the Securities and Exchange Commission of the Philippines.

**Maraming Salamat Po**



[www.bnrs.dti.gov.ph](http://www.bnrs.dti.gov.ph)

### **DTI-Business Name Registration System (BNRS)**

Business Name (BN) Registration is one of the principal front-line services of the Department of Trade and Industry (DTI). It aims to maintain a nationwide registry of business names mainly Sole Proprietorship.

#### **For Inquiries on Business Name (BN) Registration please contact us:**

- For concerns regarding Business Name policies, clarification on requirements:
- (632) 751-3330
- For technical concerns such as page cannot be displayed, problem in viewing look-up table, etc.: (632) 729-8681
- For inquiries and checking of application status:

#### **Metro Manila Numbers:**

**Trafalgar Building:** (632) 811-83 67 or (632) 811-8231  
**Hi-way 54:** (632) 706-1767  
**Park and Ride:** (632) 536-7153  
**(near Manila City Hall)**  
**Caloocan City:** (632) 332-0829

**Email:** [bnrshelpdesk@dti.gov.ph](mailto:bnrshelpdesk@dti.gov.ph)

### **Business Name and Address - A B C D E F G H I J K L M N O P R S T U V W Y**

#### **A**

##### **Acueza Martial Arts Training Center**

673 3rd Flr. Edesa (Corner Monte de Piedad Streets) Immaculate Concepcio, Quezon Cty, NCR Second District

##### **Affliction Gym-Mixed Martial Arts and Training Center**

1304 RAQ Bldg., Sto. Sepulcrist, Paco, NCR, City of Manila, First District

##### **Aiki-LydiaJitsu Philippines Martial Arts Leoncio Bldg.**

Rizal Ave., Taytay, Rizal

##### **Aikido Technique Martial Arts Tutorial Center**

Arellano St. Dagupan City, Pangasinan

##### **Aikiyoi Martial Arts Academy**

2522 Andrada St. Santa Cruz, NCR, City of Manila, First District

**Angel Lei Martial Arts Club**

106 Kapayapaan St., Cainta, Rizal

**ARKI Jutsu Martial Arts**

660 Canelar St., Zamboanga City, Zamboanga Del Sur

**Armas Absolute Reform Martial Arts Sentro**

298 Katipunan Ave., Quezon City, NCR Second District

**Armas Y Mano Martial Arts Inc.**

M. Natividad St., Zamboanga City, Zamboanga Del Sur

**Arnis Pasindo Eskrima Training Services Philippines**

Blk 15 Lot 20 Sitio Mendez,, Quezon City, NCR Second District

**Arnis Pronting Press**

#27 Commonwealth Ave., Quezon City, NCR, Second District

**Arnis Village Martial Arts Training Center**

Diversion, Lipa City, Batangas

**B**

**B & A Martial Arts Academy**

12 Guzman St., Angat, Bulacan

**Baja Tenkayaw Martial Arts Center**

4934 Rosal St., Sun Valley, Paranaque City, NCR, Fourth District

**Balintawak Arnis JukidoBox Club**

Nivel Hills, Lahug, Cebu City, Cebu

**Baskapada Arnis & Modern Kickboxing Training Center**

Blk. 34 Lot 46, Phase 6, Golden City Dasma 3, Dasmarinas, Cavite

**Batangas Combat Arnis Aikido Training Center**

2nd Flr. Fitness World, Caedo Commercial Center, Calicanto, Batangas City, Batangas

**Black Master Arnis and Hands Fighting Training Center**

#75 Liberty, Quezon City, NCR, Second District

**Black Cougar Martial Arts and Body Fitness Gym**

294 Bued, Calasiao, Pangasinan

**Blackrd' Currs Martial Arts**

Brgy., Natugban, Kananga, Leyte

**Blagtan Martial Arts Center**

#80 Don Placido Campos Ave., Dasmarinas, Cavite

**Blue Kimono Extreme Martial Arts**

1017 Datoc Compound, Digos City, Davao Del Sur

**Boboy Martial Arts Gym**

61 Don P. Campos, San Jose, Dasmarinas, Cavite

**Body Werx Martial Arts Gym**

30 Judgee Maloles St., Brgy. II, Santo Tomas, Batangas

**BPJKATA Martial Arts Gym**

697 Quezon Ave., Ilcanos Sur, San Fernando City, (Capital) La Union

**Brandon Arnis Combat Kung Fu Martial Arts**

Poblacion West, Santa Ignacia, Tarlac, Cebu Aikido-Arnis Center, Nasipit, Talamban, Cebu City, Cebu

**Brandon Arnis Combat Kung Fu Martial Arts**

Poblacion West, Santa Ignacia, Tarlac

**Brave Hearts Taekwondo and Martial Arts Training Center**

4th Flr., Baguio Cneter Mall, Baguio City, Benguet

**Broth's Martial Arts Center**

602 Dahlia St., Malaria Purok II, Kalookan City, NCR, Third District

**Buhawi Kickboxing and Mixed Martial Arts School**

5091 San Vernardo St., San Antonio, Paranaque City, NCR, Fourth District

**Bull Handed Special Mixed Martial Arts School**

201 Sitio Ruby, Quezon City, NCR, Second District

**Buragay Martial Arts Center**

KM 6, National Hwy, Puerto Princesa City, Palawan

**C**

**Cacoy Doce Pares Eskrima Supply**

81-A.C. Padilla St., San Nicolas Central, Cebu City, Cebu

**CAKCA Mixed Martial Arts & Body Building Gym**

19 Rizal Ave. Poblacion, Malasiqui, Pangasinan

**Capoeira Martial Arts Academy**

Unit 2 Josefa Arcade, Sergio D. Lim Bldg., Gen. Maxilomave, Cebu City, Cebu

**Catarman Kyokushin Karate Martial Arts Gym**

670 M.L. Quezon St. Catarman (Capital), Northern Samar

**Catarman Martial Arts Center**

E. Moore, Catarman (Capital), Northern Samar

**Cavite School of Martial Arts Instructor Association (CASMAIA) Inc.**

C. Abueg St., Rosario, Cavite

**Chardrox Martial Arts Stuntmen Training Center**

103 Sierra Madre St., Highway Hills, Mandaluyong City, NCR, Second District

**Chikido Martial Arts Center**

Metroplex Commercial Center, Balzain Hwy., Centro 11 (POB), Tuguegarao City, Cagayan

**CITO Martial Arts Club**

0091 Sto., Nino Labogon, Mandaue City, Cebu

**Club AikiJutsu Martial Arts**

13F Gomez St., Taytay, Rizal

**Combataido Martial Arts Gym**

B-05 Rizal St., Dona Nene, Mariveles, Batan

**Consolidated Martial Arts Training Center**

Gementiza Bldg, Osmena St., Tagum City, Davao Del. Norte

**Crown Fitness Center & Martial Arts Studio**

Upper Cubi, Olangapo City, Zambales

**D**

**Dagang Kidlat Martial Arts Center**

Blk. 22 Lot 9 Eastwood Greenview Ph. 1, Rodriguez (Montalban), Rizal

**Doce Pares Eskrima Center**

30 Eagle St. Sto. Nino Village Banilad, Cebu City, Cebu

**Dragon Martial Arts Gym**

2/F, Rm 216 Guadalupe Commercial Complex Guadalupe Nuevo, Makati City, NCR,  
Fourth District

**E****Eagle Force Martial Arts Training School**

VCR Bldg, Marcos Paulino St., San Pablo City, Laguna

**EBP Martial Arts Center**

Diversion Rd., San Fernando City, (Capital), La Union

**EKIN Yaw-Yan Ardigma Martial Arts Gym**

Sanciangko St., Cebu City, Cebu

**F****Fight Club Martial Arts Training Ground**

8 Jade Garden Comp., Santolan Rd., Ortigas Ave., San Juan City, NCR, Second District

**Filipino Martial Arts Supplies**

1192 Remedios St., Pandacan, NCR, City of Manila, First District

**Filipino Tactics Combat Judo 'Trangka Eskrido Panagang' Martial Arts School**

E. Luna St., Butuan City, Agusan Del Norte

**Fitness One Weights, Aerobics \* Martial Arts Center**

2nd/3rd Flr. Piccio Bldg., Mcarthur Hwy., COR. Kawayan Dr., Davao City, Davao Del  
Sur

**Freddie Oblero Balanon Martial Arts (FOBMA)**

44 Munar St., Saoay, San Fernando City (Capital), La Union

**G****G. Lalic Kalintaw Arnis, Kali Learning Center**

1025 Mac Arthur Highway, Mabalacat, Pampanga

**G & Z Body Fitness & Martial Arts**

Banzon St., Balanga City, Bataan

**Garciano Arnis Kilat Serrada Filipino Martial Arts**

Tapuac District, Dagupan City, Pangasinan

**Golden Shield martial Arts Club**

Zone III, Santa Cruz, Davao Del Sur

**Gymkata Martial Arts Training Center**

2 Palm Court St., Pasay City, NCR, Fourth District

**H****Herpestes The Electrifying Filipino Martial Arts**

12 Aurora Pijuan St., BFRV Talon II, Las Pinas City, NCR, Fourth District

**Highland Martial Arts Fitness Gym**

ID-51 Betag, La Trinidad (Capital), Benguet

**Hortencio Magbanua Navales Arnis Eskrima Training Center**

San Juan St. Bacolod City, Negros Occidental

**Hurricane Yaw-Yan Martial Arts Center**

Yao Bldg. Mabini St., Pari-an, Cebu City, Cebu

**Hybrid Yaw-Yan Mixed martial Arts Training Center**

8 Rd. 4 Phase 4 Cogeo Village, Antipolo City, Rizal

**I**

**Ilocos Sur Unicorn Mixed Martial Arts**

Poblacion, Santo Domingo, Ilocos Sur

**IPEAC Kombatan Arnis de Mano**

#1654 Piy Margal St., Sampaloc, NCR, City of Manila, First District

**J**

**Jawko Martial Arts Center**

Zone 12, Bryg, Calaparan, Arevalo, Iloilo City, Iloilo

**Jet Fighter Martial Arts**

266 Ipilan St., Santa Rosa City, Laguna

**Juikido Aikido Martial Arts Center**

Puso ng Baguio Bldg., Session Rd., Baguio City, Benguet

**JLR Boxing Gym & Mix Martial Arts**

B2 L7 Regalado Ave., Quezon City, NCR, Second District

**Jujucodos Martial Arts Center**

B30L34 U.K. St., Country Meadow Subd., General Trias, Cavite

**K**

**K13 Martial Arts Dojo & Fitness Center**

4th Flr. AFFTIC Bldg., Plaza Burgos, N/A, Guagua, Pampanga

**Kali Olistrisimo Martial Arts School**

139 Ipil Dorm. Apacible St., U.P. Campus, Quezon City, NCR, Second District

**KAMAO Martial Arts Enterprises**

21-F Scout Limbaga St., Laging Handa, Quezon City, NCR, Second District

**Kata-Tapado International Martial Arts School**

Kawayan Rd., Libis, Puerto Princesa City, Palawan

**King Tiger Taekwondo Martial Arts**

2019-20th St., Rizal Ave., Olongapo City, Zambales

**King's Sword School of Martial Arts & Values**

Avancena St., Davao City, Davao Del Sur

**KMA Fitness & Martial Arts**

LG-01 Wack Wack Royal Mansion, Wack Wack Rd., Mandaluyong City, NCR, Second District

**KMA Fitness & Martial Arts - Makati Branch**

G-17 Rada Regency, Rada St. (Corner dela Rosa), Makati City, NCR, Fourth District

**Koryo Martial Arts**

2nd Flr., BFIC, Sixth Hilado, Bacolod City, Negros Occidental

**K.T.S. Martial Arts & Gym**

Maharlika Rd., Bayombong (Capital), Nueva Vizcaya



**KVKSOOL Martial Arts School**

408 Wakas, Bocaue, Bulacan

**Kungkado Freestyle Martial Arts**

Barangay, IBA (Capital), Zambales

**KVKSOOL Martial Arts School**

408 Wakas, Bocaue, Bulacan

**L**

**Lady Dragon Physical Fitness and Martial Arts**

Palimbo Proper, Camiling, Tarlac

**Langeras Martial Arts Training Center**

Sitico Agong, Siayan Proper (POB), Siayan, Zamboanga Del Norte

**Laraw Martial Arts Training Center**

8790-B San Andres St., San Isidro, Paranaque City, NCR, Fourth District

**Laresa Martial Arts System**

Asan Sur, Sison, Pangasinan

**LE-JEM Arnis Training Center**

Blk 2, Lot 13, Lawaan Alley, Bato-Bato, Commonwealth, Quezon City, NCR, Second District

**Liberty Gym \* Martial Arts Center**

1175 Pasong Tamo St., Makati City, NCR, Fourth District

**Life Force Martial Arts Academy**

2 Atok Sto. Domingo, Quezon City, NCR, Second District

**Lipata Aikido Jui-Jitsu Mixed Martial Arts**

Tagas, Tabaco Coty, Albay

**L.J. Bacinillo Martial Arts Center**

Brgy. Amaga, Sigma, Capiz

**M**

**M-2000 Martial Arts Center**

San Pedro, Bauan, Batangus

**Madeja Aikido Arnis Karate School (MAAKA)**

B-286 Samson Rd., Olangapo City, Zambale

**Madrona's Martial Arts & Fitness Center**

Rm. 212 2/F Dona Ponciana Bldg, Rizal St., San Nicolas, Angeles City, Pampanga

**MAE Martial Arts**

Depot 21 March St., congressional Village 3, Quezon City, NCR, Second District

**Makati Martial Arts & Sports Center**

4008 Yague St., Tejeros, Makati City, NCR, Fourth District

**Manlapaz Martial Arts & Aero Gym Center**

B-174 L01 PH-V Sto., Nino, Meycauayan City, Bulacan

**Manoy Boxing & Martial Arts Gym**

2/F Harvard St., Cor. Aurora Blvd., Cubao, Quezon City, NCR, Second District

**Manubay martial Arts Center**

2nd Flr. Old Public Market, Echague, Isabela

**Mark-Hanrex martial Arts Gym**

11 Ilang-Ilang Sr., Zone 6 Signal Village, Taguig City, NCR, Fourth District

**Master Martial Arts & Fitness Center**

595 New Panaderos St., Mandaluyong City, NCR, Second District

**Mclaren Boxing & Mixed Martial Arts Training Center**

1471 Quezon Ave., West Triangle, Quezon City, NCR, Second District

**Mink Mongoose Martial Arts Kali Arnis of Isabela**

District 2, Cauayan City, Isabela

**Mix Martial Arts Tutorial Class Center**

Nel-Ars Inn, Arellano St., Dagipan City, Pangasinan

**MJL Nesttee Martial Arts Gear**

660 Canelar, Zamboanga City, Zamboanga Del Sur

**Modern Arnis Nam-Mano Filipino Martial Arts School**

2836 3/F Mayson Bldg. Taft Ave., Pasay City, NCR, Fourth District

**Mojica Gymnastics and School of Martial Arts Center**

25C Cruz St., Sta. Elena, Marikina City, NCR, Second District

**Movement Dance, Fitness & Martial Arts Studio**

3/F Promenade Bldg., Wilson Cor. P. Guevarra Sts., San Juan City, NCR, Second District

**MISB Martial Arts School**

13 2nd Area VII Village East Embo, Makati City, NCR, Fourth District

**MV Arnis Defensive Tactics Gym**

3 M. Basibas St., San Juan City, NCR, Second District

**N**

**Narshotocan Martial Arts Gym**

7 Zuza Rique St., Old Balara, Diliman, Quezon City, NCR, Second District

**New Fatest Martial Arts**

1571 Liberty, Mati City, Davao Oriental

**Nopballet, Dance & Martial Arts Center**

4F Lotus Mall, Imus, Cavite

**O**

**Ofracio Martial Arts, Arnis and Combat Aikido**

571 Nicolas St., KM. 38, Santa Maria, Bulacan

**Open Platfoem Martial Arts and Fitness Center**

P20-08 6th Cor. 5th St., Villamaor Air Base, Pasay City, NCR, Fourth District

**P**

**Peak Martial Arts Equipment Supply**

Grd. Flr., Rizal Memorial Sports Complex, Malate, NCR, Coty of Manila, First District

**PGA Gym-Dojo Martial Arts Center**

261 J.P. Rizal St., Sta. Elena, Marikina City, NCR, Second District

**PowerKick Taekwondo & Martial Arts Training Center**

595 New Panaderos Ext., Mandaluyong City, NCR, Second District

**Presas Martial Arts Supply**

3/F Globe Bldg., Quezon Blvd., Quezon City, NCR, Second District

**Punada Martial Arts, International**

660 mayor Jaldon St., Zamboanga City, Zamboanga Del Sur

**R****Rael's Martial Arts & Firness Center**

Rael's John Paul II Atrium, Naga City, Camarines Sur

**Randy Biron Boxing & Mixed Martial Arts Gym**

967 Anonas St., Cor. Aurora Blvd., Quezon City, NCR, Second District

**Red Dragon Martial Arts Academy**

L18A B3 P3A, Pacita Ave., Pacita Complex, San Pedro, Laguna

**Regalado Martial Arts and Boxing Gym**

B3 L7 Regalado Ave., Quezon City, NCR, Second District

**Regalado Mixed Martial Arts and Boxing Gym**

Blk 2 Lot 7 Regalado Ave., Quezon City, NCR, Second District

**R.D. Arnis Defensive Tactics Center**

179 P.B. Mendoza St., San Juan City, NCR, Second District

**RMB Fitness Gym & Martial Arts Center**

Target Range II, B.F. Homes, Paranaque City, NCR, Fourth District

**Robas Otsoiros Baston Arnis System Training Gym**

#18 St. Joseph St., Brgy, Holy Spirit, Quezon City, NCR, Second District

**Roundhouse Muay Thai Martial Arts and Gym**

61 Vienna St., Merville, Paranaque City, NCR, Fourth District

**S****Salaknib Martial Arts System**

Poblacion, Bontoc (Capital), Mountain Province

**Samacap Martial Arts Gym**

73 Shorthorn Bahay Toro Proj. 8, Quezon City, NCR, Second District

**Senpo Martial Arts**

8161 Dr. A. Santos Ave., Paranaque City, NCR, Fourth District

**Shaolin Kenpo School of Martial Arts**

23 L & B Comp. Ilaya St., Alabang, Muntinlupa City, NCR, Fourth District

**Shotokan Arnis Karate Do Instruction Services**

724-H Geronimo St., Sampaloc, NCR, City of Manila, First District

**Sidekick Martial Arts Dojo****SIKADSU Arnis-Karate Do Training Center**

Jupiter St., Paypayad, Candon City, Ilocos Sur

05 Candida Maria St., BF Homes, Paranaque City, NCR, Fourth District

**Sikap Martial Arts Training Center**

9-D 5th Flr. Karen Bldg. Annapoliis St. Cor. Montreal St., Quezon City, NCR, Second District

**Simatukin Martial Arts Training Center**

Gate 3 Amoranto Stadium CPD., SCT. Chuatoco St., Quezon City, NCR, Second District

**Siatema Birada Martial Arts Center**

1654 PTY Margal St., Sampaloc, NCR, City of Manila, First District

**Smoking Sticks Arnis Cane Maker**

108-B, Bauan, Batangas

**Street Fighter Development School of Martial Arts**

Dist. 2, San Mateo St., Julita, Leyte

**T**

**Taekwondo Dojang Unlimited Martial Arts Center**

040 Calo St., Butuan City, Agusan Del Norte

**Talimsa Talim Martial Arts**

422 Boni Ave., Mandaluyong City, NCR, Second District

**Tapundo Martial Arts**

24 Jalandoni Interior, Iloilo City, Iloilo

**The Practitioner Eskrima, Aikado**

Purok 4B Cal St., Island Garden City of Samal, Davao Del Norte

**Tondo Martial Arts**

2708-H Juan Luna St., Gagalangin, Tondo I/II, NCR, City of Manila, First District

**Torfecma-Do Martial Arts training Center**

Dona Adels Bldg 2.F Almar Subd. Zabarte Rd., Kalookan City, NCR, Third District

**Touches of Wild Cat Martial Arts**

52 Waterfun Estrada Compd Sucat, Paranaque City, NCR, Fourth District

**Tough Martial Arts Equipment Store**

28 Rome St., Ciudad Grande, Ortigas Ave., Rosario, Pasig City, NCR, Second District

**U**

**Ultimate Martial Arts Training Center**

B-9 L-2 Rafael St. San Antonio Valley 7, Pulanglupa Dos, Las Pinas City, NCR, Fourth District

**Unified Martial Arts Suply**

21-C Driod St. Kanlaran Cubao, Quezon City, NCR, Second District

**Universal Martial Arts Center**

5/F Republic Supermarket Bldg., 520 Rizal Ave., Santa Cruz, NCR, City of Manila, First District

**V**

**Valenzuela Mix Martial Arts & Gym**

52nd Flr. Malinta Complex Bldg., Valenzuela City, NCR, Third District

**Visayan Martial Arts & Aerobic Club**

2nd Flr. Cebu Kang Ha Bldg. Lapulapu Cor. Osmena Blvd., Cebu City, Cebu

**W**

**Wing Chun Jutsu Martial Arts School**

335 Guzman St., San Roque (POB.), Angat, Bulacan

**Y**

**Yaw-Yan Alasan Martial Arts**

Maurente Bldg. Rizal St., Surigao City, Surigao Del Norte

## **Yaw-Yan Martial Arts & Youth Center**

Sitio Tulubhan, Manoc-Manoc, Boracay Island, Malay, Aklan

### **Filipino Martial Arts schools listed in the FMAdigest.**

To contact them visit the FMAdigest website Schools Philippines - **[Click Here](#)**

## **A B C D E F G H I J K L M N P R S T V W Y Z**

### **A**

#### **Academia Lightning Scientific Arnis**

U.P. Diliman Charter  
Donor's Garden  
Quezon City, NCR - 1106  
928-6973

#### **AKETS Martial Arts**

DULAC Martial Arts  
Dasmariñas Cavite - 4115  
[0921] 572-1353

#### **AKETS Self-Defense**

*Grandmaster Edgardo M. Telebangco*  
B46 L8 Phase IIIE2 Kaunlaran Vill. Longos  
Malabon - 1472  
[632] 410-9377

#### **Anilao Camps Arnis/Escrima/Kali**

*Senior Master Rizalito Brucal*  
Anilao East, Mabini  
Batangas - 4202  
[632] 871-0470  
[632] 826-5803

#### **Aquinas University Kuntaw Association**

Kuntaw ng Pilipinas  
*Master Mike Tuscano*  
Aquinas University of Legazpi  
Rawis, Legaspi City  
[052] 482-0542/ 820-8716

#### **ARJUKA**

(Arnis Judo Karate) and Tapado  
*Grandmaster Isaac Guarra*  
Brgy. Malingin, Bago City  
Negros Occidental - 6101  
[034] 0926 220-4509

#### **Arnis Association International, Inc**

*Master Rodel B. Dagooc*  
108-B Balayong Bauan  
Batangas  
[043] 403-0166  
0919-507-2916  
0918-293-4548

#### **Arnis Combat Kiathson System Philippines**

*Grandmaster Mon Kiathson*  
Paco  
Manila - 1300  
[0916] 425-3540

#### **Arnis Defense Silat**

*Grandmaster Frederico Fernandez*  
2049 Int. Tramo  
Pasay City  
[0918] 423-6976

#### **Arnis Garrotte Tandang**

Domampot Asingan  
Urdaneta City, Pangasinan  
[0920] 959-2717

Tibker, Dumampot, Asingan, Pangasinan  
Urdaneta City  
[0920] 959-2717

#### **Arnis Kali Escrima Telebangco System (AKETS)**

*Gat Edgardo M. Telebangco*  
Block 42 Lot 6 Phase III-E2 Kaunlaran Village  
Malabon City  
[632] 4109377

**Arjumano Club**  
Gym Plus Health Fitness  
3rdFlr Metropolis  
Muntinlupa City, NCR  
63 (02) 850-4752 loc.167

**Arnis Pasindo Escrima**  
Luneta, Park  
Manila - 1000

**Asian Brotherhood of Lethal Defense International**  
*Master Nelson Vargas*  
Criminology Dept. 4th Floor  
University Bohol  
Tagbilaran City, Bohol - 6300  
63 [917] 426-7690

**B**

**Baritan Martial Arts Club**  
*Guro Mauro Benjamin L. Leongson*  
6 Pescador St. West Baritan  
Malabon city  
[63] 281-8340

**Black Scorpion Arnis International**  
Tagaytay Chapter  
*Instructor Ryan Remaldora*  
219 Kaybagal Nort  
Tagaytay City - 4120  
[0919] 699-6518  
[046] 413-2872

**C**

**Cauayan National High School**  
Turayong Cyn.City  
Isabela - 3305  
[0926] 390-8275

**Claro M. Recto High School Chapter**  
*Guro Christopher L. Layron*  
718 San Marcelino St. Ermita  
Manila - 1000  
[0921] 572-1353

**Center for the Promotion of Classical Martial**  
Gymnastics Hall, Cebu City Sports Complex  
Cebu City - 6000  
[0929] 735-4913

**Concepcion Combative Martial Arts Academy**  
*Master Lito Concepcion*  
Cebu City

**D**

**Dekiti Tirsia Siradas**  
*Master Jerson Tortal Jr.*  
Los Banos, Laguna  
63 [920] 727-5983

*Master Jerry Evangelisan*  
Manuela Park, Manuela Subd.  
Pamplora Tres, Las Pinas City  
[0927] 598-0623

*Master Joseph "Jhun" Tolleno*  
Cyflex Fitness Gym 3rd Flr Bumanlag  
Bldg Alvarez Ave Las Pinas  
Metro.Manila - 0702  
874-67-68  
Cell: [0917] 4999-113

**DULAC - Martial Arts Consanguinity**  
Kataas-Taasang Punong Guro  
Antonio Vasquez III  
3rd Floor, Daza Hall  
New San Isidro [Galas] Barangay Hall  
Galas Mini-Park, Unang Hakbang St.  
San Isidro, Galas, Quezon City  
[632] 415-4602  
[0918] 556-9990

*Master Instructress Sonia R. Arcilla*  
Valley Ministries In Christ  
215 Mayfair St. Montevista Park Subdivision  
Cainta, Rizal  
[632] 240-1041

*Guro Damaso R. Liwanag*  
2/F JFG Bldg., 900 San Marcelino St.  
Ermita, Manila - 1000  
[632] 4042185 / 4042077

**Dumaguete Arnis Association**  
*Lakan Ike Xavier S. Villaflores*  
90-A Dr. E. Meciano Road  
Dumaguete City, Oriental Negros - 6200  
[0928] 772-2874

**E**

**Eskrima De Abanico Ampit System**  
Bocaue, Bulacan - 3018  
[0915] 561-6215

**F**

**Filipino Art of Modified Arnis Federation**  
*Lakan Alexis Apresto*  
Block 5, Purok Rosal New Isabela  
Tacurong City, Sultan Kudarat - 9800  
[0926] 401-1145

**Filipino Tactics Combat Judo [FILTACDO]**  
P-6 Crossing Maygatasan, Bayugan-1  
Agusan Del Sur - 0852  
63 [910] 652-0211

**FMA and Arnis**  
Ayala Park  
Cebu - 6000  
[0929] 522-1778

**Fuerza Abaniko Filipinas**  
BF Resort Village  
Las Piñas City - 1740  
[632] 895-0854  
[632] 845-3387

**G**

**Garciano Arnis De Mano**  
*Grandmaster Roy Garciano*  
YMCA Building  
Tapuac District  
Dagupan City, Pangasinan - 2400  
522-3494 / 515-4856

**Gen. R. Papa Memorial High School Arnis Club**  
Tuktukan, Taguig City - 1000  
[0906] 411-3771  
[02] 549-8930 / [02] 524-2997

**Grotto Vista Gym**  
[Infront of Grotto Vista Swimming Pool]  
Hardware 2000, Tungkong Mangga  
City of San Jose Bulacan  
[0917] 516-9729 / (632) 419-1611

**Golden Kamagong Arnis Kali Escrima**  
Sam's Slim Gym 3rd Floor  
JTL Building  
North Drive  
Bacolod - 6100  
[034] 441-1457

**Goshin Kai Martial Arts**  
Tayuman, Manila  
[632] 471-2345

## **H**

### **Hybrid Yaw Yan**

*Sir Henry Yap Kobayashi*

5th Flr. Karen Bldg 9 Annapolis St Cubao

Quezon City

[02] 457-9646

[02] 557-0057

[0905] 341-6868

[0923] 860-6399

[0918] 274-6083

## **I**

### **International Jendo Federation (IJF)**

*Grandmaster Jonathan "June" M. Abaya*

16 Mariveles St.

Mandaluyong City - 1550

[0917] 366-7061

### **International Kuntaw Federation**

City Coliseum

Puerto Princesa City

Palawan - 5300

[0915] 759-9073

### **International JetComJak Combat Martial Arts**

*Grandmaster Edwin Maranon*

Ilagan, isabela, 3360

[0927] 826-6893

### **International Philippine Martial Arts Federation**

*Grandmaster Ernesto A. Presas*

3rd Floor, Globe Bldg (Cor. Raon)

Quiapo, Manila

2-824-6126

### **International Judo Arnis Karate Combat Martial Arts**

*Grandmaster Edwin Maranon*

Blk 8 lot 37 Bir Vallage West Fearview

Quezon City

[0908] 381-3220

### **Isabela Arnis Team**

*Guro Lawland Malacca*

#04 Inc Compound District #1

Cauayan City - 3305

[0920] 200-3098

## **J**

### **Jack & Jill School Karate Dojo**

Homesite

Bacolod City - 6100

434-3094



## K

### **Kali Arnis International**

*Grandmaster Vicente "Vic" Sanchez*  
No. 127 Narra St.  
Brgy, Amihan, Proj. 3  
Quezon City  
[63] 916-781-8331  
[63]463-8708

### **Kali Majapahit**

*Kadua Guro Mike Bugnosen*  
Wildcard Gym 101  
Ms Florendo Abanao Rd.  
Baguio  
63 [910] 590-1987

### **Kali Silat Arnis Association**

*Grandmaster Danny L. Cardinal*  
California Fitness Gym  
Bacolod City - 6100  
63 [0915] 676-4844

### **Kalintaw**

*Punong Guro Galo D. Lalic*  
# 8 Gerardo Street, Feliza Subd.  
Brgy. Malabantias, Angeles City  
(045) 892 – 0065

### **Kapatirang Doble Olisi Escrima**

#64 Jerusalem St.  
St. Anthony Village Ilang  
Davao City - 8000  
[82] 221-5297  
[082] 221-0421

### **Kenbukan Karatedo**

*Dr. Sherloc Malapitan*  
2nd flr., Garcia Commercial Bldg.  
Antipolo - 1870  
[0927] 517-1070

### **Koredas Obra Mano Sugbu**

*Master Oliver Bersabal*  
Sector 5 Tingub Road  
Pagsabungan Mandaue - 6014  
[6332] 422-1366

### **Kris An-nur Lupah-Sug/Islamia Silat**

Barangay 559, Zone 55, Valdez St.  
Sampaloc, Manila - 1008  
[63922] 612-4230

### **Krus Baston ng Pilipinas**

*Master Joseph L. Bautista*  
Brgy. Sico  
Lipa City, Batangas - 4217  
[43] 757-3525

### **KSS International**

*Senior Master Rizalito Brucal*  
Citadella Exc. Village  
Pulang Lupa  
Las Pinas - 1740  
[632] 871-0470  
[632] 826-5803

### **Kuntaw Ng Pilipinas**

Catarman Chapter  
Catarman  
Northern. Samar - 6400  
[0908] 409-6115

## L

### **Lapu-Lapu Martial Arts Club**

Pusok  
Lapu-Lapu City, Cebu - 6015  
[032] 342-5685

### **Lapu-Lapu Viñas Arnis Aficionados**

Association  
*Headmaster Wilson "Nonong" Viñas*  
65 Lacson St.  
Bacolod City, Philippines  
[034] 708-0912

### **Laraw Martial Arts Training Center**

*Master Ron Base*  
Blk.7, Lot 1, Topland Subd., SAV 13  
Paranaque City - 1700  
[0917] 836-2433  
[0916] 236-2433

## M

### **Mandirigmang Kaliradman**

[Warrior of Kali]  
*Instructor Manolo del Rosario*  
YMCA Gym, Jacinto Extension  
Davao City - 8000

### **Mantas Daga**

*Punong Pangulo Samuel A. Ibe*  
605th CDC, 6RCDU (PA)  
Bacolod City - 6100  
63 [34] 708-9872

### **MantasDaga International**

*Mandatus Samuel A. Ibe*  
Fitness California Gym  
Bacolod City - 6100  
[0926] 478-3350

### **Martial Arts Training Center of the Philippines**

Taguig City - 1000  
[0906] 411-3771 / 549-8930

### **MATCOP - IMAFP**

Taguig City Chapter  
Taguig City  
[0906] 411-3771/549-8930

### **Las Piñas Meibukan Karatedo Kobudo Dojo**

12 Olive St., Manuela Subdivision  
Las Piñas - 1742  
[632] 471-2345

### **Leds Sunsatak Academy**

384 I. Jaena St. Binangonan, Rizal  
Manila - 1904  
[0198] 292-4713

### **Little Angels Learning School**

*Master Reynaldo Postrado*  
Aniban Bacoar  
Cavite  
63 [46] 417-5078

### **Modern Arnis Mano-Mano Filipino Martial Arts**

*Punong Lakan Tony Nicolas*  
Main Headquarters  
Unit 204 CK Sy Diamond Building  
156 Libertad St.  
Pasay City  
[632] 480-8618

### **R and O Academy Villamor Chapter**

*Dayang Rhiverli C. Quine*  
3rd and 4th Streets  
Villamor Airbase  
Pasay City  
383-5990  
[0915] 423-2964

### **Kids Ahoy Creative Play Shop Chapter**

*Punong Lakan Tony C. Nicolas*  
# 56 Lantaca St corner New York St  
Cubao, Quezon City  
473-7896  
[0920] 517-8127

### **Marikina Chapter**

*Lakan Melchor Amosco*  
Marikina Sports Complex  
[0918] 257-7978

**Mig-Sune-Do Eskrima**

*Master Alberto "Jhun" Dacayana Jr.*

Cebu City, Cebu - 6000

Residence 63 [32] 413-44439

Office 63 [32] 256-2620

Cell [0916] 898-8818

[0919] 371-0190

**British School of Manila Chapter**

*Punong Lakan Tony Nicolas*

Fort Bonifacio, Taguig City

[0920] 866-2323

**Guinayangan**

National High School Chapter

*Guro Ronald Regalado*

Guinayangan, Quezon City

[0929] 464-7862

**CAKCA Pangasinan, Chapter**

*Punong Guro Julius F. Quintans*

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Malasiqui, Pangasinan

[0910] 215-0955

**Tagaytay Chapter**

*Guro Damaso Ronillo Villanueva*

198 Kaybagal Central, Tagaytay City

[0921] 605-5087

**Basic Petroleum Makati Chapter**

*Guro Anthony Gatchalian*

Basic Pet Building

C. Palanca St.

Makati City

[0927] 323-4657

**Brent International School Chapter**

*Lakan Rogelio Vasquez*

San Pedro, Laguna

[0920] 822-9858

**N**

**Navotas Kali Warrior Club**

San Lorenzo Ruiz

Companion Martyrdom Church

Phase 1-C, Kapitbahayan, Kaunlaran, NBBS.,

Navotas, Metro Manila

[0921] 617-6010

**Negros Kali International Assn' Inc.**

*Pangulo Jose R. Maranon*

127-K Bat-us Calamba

Bacolod City - 6100

63 [34] 433-6577

Cell: [0918] 322-1679

## P

### **Paclibar Bicol Arnis**

*Guro Rodolfo O. Espinosa Jr.*  
# 7 Gulaman st. Cor Duhat,  
Western Bicutan  
Taguig, Metro Manila - 1630  
[0915] 467-9664  
[0927] 345-9351

### **Pasay City Jendo Training Center**

*Jonathan "June" Makiling Abaya*  
Mason Bldg., 3rd Flr. Rm 302, Libertad  
(Fronting MRT/LRT Station)  
Pasay City, NCR  
[632] 717-2782

### **Pekiti-Tirsia Tactical Training**

PNP/AFP National HQS.  
Metro Manila  
[0920] 241-9320

### **Petikalis Strategic University**

Blk 3 Carmela Valley Homes  
Talisay – 6100

### **Phileckaju Club, Inc.**

2505 M. dela Cruz St.  
Pasay City, Metro Manila - 1300  
(632) 473-2631  
63 [918] 484-2600

### **Puerto Galera Chapter**

White Beach, San Isidro, Puerto Galera  
Oriental Mindoro  
63 [926] 272-3248

### **Calbayog Chapter**

Cagmanipis  
Calbayog City, Western Samar  
63 [927] 415-0477

### **Naujan Chapter**

Kalinisan, Naujan  
Oriental Mindoro - 5204  
63 [0926] 272-3248 / [02] 473-2631

### **Philippine ARMAS Society, Inc.**

Magdaraog Martial Arts System  
*Headmaster Roy B. Magdaraog*  
Washington Dr.  
Cruzada, Legazpi City - 4500  
63 [928] 701-1359  
63 [919] 231-7865  
63 [52] 481-0520

### **Philippine Arnis Kuntaw Association**

*Guro Paulo O. Motita II*  
Marikina Polytechnic College  
Marikina City

### **Philippine Classical Arnis Abaniko Tres**

*Grandmaster Rene Tongson*  
167 Salaban, Amadeo  
Cavite - 4119  
63 [927] 907-0965

### **Philippine Combat Karate Aikido Judo Club**

40 Dapitan St.  
Pasay City, Metro Manila - 1300  
[632] 473-2631  
[0918] 484-2600

### **Philippines Kalis Research Studies**

Zone 12A  
Talisay - 6100  
[0920] 326-9940

### **Philippine Martial Arts Combat Aikido (PHIMACA)**

*Master Julie V. Vitto*  
2nd flr., Felisa Building  
Gov. Santiago St., Malinta  
Valenzuela City, Philippines  
63 [918] 226-5378

### **Philippine Tourism Authority Arnis Team**

*Mitze Secopito*  
T.M. Kalaw Ermita Mla.  
Manila - 1000  
[02] 524-2997

### **Philippine Yaw-Yan ArDigma Martial Arts**

*Roman Roger Wanasen*  
Hacienda Caretas  
San Jose Del Monte  
Bulacan - 3023

**Makati City Chapter**

*Sir Nunilon "Nil" L. Moreno*  
203 Villa Mercedes 1051 Metropolitan Ave.  
Makati City  
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[091] 8484-2600

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Pasay City - 1300  
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[091] 8484-2600

**R**

**Rapido Realismo Martial Arts Luneta Group**

*Punong Guro Henry Espera*  
373 Brgy. Anahaw, P-1A  
Silang, Cavite - 46  
[6346] 890-2544

**Robas Otsotiros Baston Arnis System**

*Grandmaster Pepito A. Robas*  
64 M.Gregorio St. Canumay West  
Valenzuela City, Metro Manila  
[0920] 547-0806

*Lakan III Vicente G. Turdanes*  
Makati City - 1200  
[632] 895-0854

**S**

**Salaknib Martial Arts System**

3rd flr., Onfeg, Poblacion  
Bontoc - 2616  
[0909] 609-4715

**Sandakan Modern Arnis**

4842 Camia St. Marimar Village  
Paranaque, Metro Manila - 2100  
[0915] 281-0549

**Scientific Integrated Group of Martial Artist**

#19 Pres. Garcia st; Purok 9,  
Zone 6, Signal  
Taguig City, Manila - 1630  
[919] 399-3437  
[632] 839-5912

**Senkotiros International**

*Grandmaster Max Pallon*  
Basdiot, Moal Boal  
Cebu  
[0916] 358-4304

**PIGSSAI**

*Dayang Che Che Secopito*  
Dot Bldg, Rm 508 PTA TM Kalaw  
Manila - 1000  
524-2497

**Sikaran-Arnis Gym**

*Grandmaster/Hari Osias C. Banaag*  
Maghusay St.  
Rizal - 1980  
011 [632] 653-4229

**Simatukin Institute of Martial Arts**

6 Cadena De Amor Street, Roxas District  
Quezon City  
(632) 410-2853

**Sistema Birada Martial Arts Center**

1654 Piy Margal St., Sampaloc  
Manila - 1015  
740-9703  
63 [920] 602-0895

**Sundangan Baneg**

*Mandala Baldwin "Nonoy" Garrucho*  
Locsin, Luzuriaga St.  
(Buddy, Manughilot)  
Bacolod City - 6100  
034 [0920] 857-3324

**Sidekick Martial Arts Dojo**

*Mr. Wil Sison*

Candida Maria Cor. Berospe, BF Homes  
Paranaque City, Metro Manila  
842-7203

*Mandala Baldwin "Nonoy" Garrucho*

Brgy. Taculing, Bacolod City -6100  
63 [34] 708-9874

**T**

**Teovel Balintawak**

**Self-Defense Club, Inc**

*Master Instructor Wilson R. Ceniza*

Basak

Mandaue City, Cebu - 6000

422-2018

**V**

**Visayan Martial Arts**

*Mr. Henry Jayme*

475-A Peaceville Rd

Kinasang-An, Pardo

Cebu City, Cebu - 6000

[032] 272-2605 or [0917] 391-8265

**Vasquez Modified Martial Arts**

**International**

*Head Master Mike F. Vasquez*

No. 42, 13th St. 2nd Floor SEACREST

Building

Bacolod City, Philippines 6100

[6334] 433-7232

[63918] 772-9192

**W**

**Warriors Martial Art**

*Master Romeo Santos*

418 Manuel Quezon St.

Lower Bicutan, Taguig City

{0916} 579-4147

**World Solefighters Arnis**

*President/Chief Instructor Juanito Surban*

444 EDSA

c/o Pegasis Bar

Pasay City - 1000

[0928] 735-0865

**WEDOSCA**

*Master Josefino Frank Sobrino*

3 Times St. West Triangle

Quezon City

[0919] 380-8230

**World Nickelstick Eskrima Club**

*Grandmaster Nick Elizar*

84-Y Cabantan St., Brgy. Luz

Cebu City, 6000

[0919] 601-3548

**Phoenix Chapter**

*Master Ruben Rana*

Don Pedro Cui St. Brgy. San Antonio

Cebu City - 6000

63 [917] 490-6500

**Ucat Chapter**

*Master Maximo Caballes*  
University of Cebu Arnis team  
Sancianco St., Brgy Kalubihan  
Cebu City - 6000  
63 [920] 546-8936

**Talamban Chapter**

*Master Julian Elizar Jr.*  
Brgy Talamban  
Cebu City - 6000  
63 [927] 371-0405

**Tiger Chapter**

*Master Bobby Elizar*  
Englis,V. Rama Ave., Brgy. Guadalupe  
Cebu City - 6000  
63 [927] 440-2486

**Scorpion Chapter**

*Master Victor Escobia*  
A. Lopez Street, Barangay Labangon  
Cebu City - 6000  
[0919] 432-4553  
[0915] 207-1893

**Y**

**Yaming**

*Mataas n Guroa Rene Cornel*  
Lt10, Blk3,Cityville Subd.  
Fortune Town  
Bacolod City - 6100

**Yaw-Yan ArDigma Makati**

4008 Yague St, Pasong Tamo  
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Makati, Manila - 1200  
[632] 870-4750

**Yaw-Yan**

Ismael 'Boy' Garcia  
108 Sn Nuan Aprit  
Pampanga  
[0915] 244-1116

**Z**

**Zikdokan Amara Arkanis-Philippines**

Indang, Cavite - 4122  
[046] 4150474

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List of Registered Arnis, Eskrima, Escrima and Kali Clubs, Associations, Federation etc.

**A B C D E F G I J K L M N O P S T U W Z**

**A**

Abebac Eskrima Inc.  
Academy of Eskrima Martial Arts Inc.  
Alamid Sikaran Arnis Juijitsu of the Philippines Inc.  
Alulod Martial Arts Organization of Karate Stunt & Arnis Inc.  
Amateur Sports Arnis Pilinas (ASAP Association Inc.  
Arnis Association International Inc.  
Arnis Combat Kiathson System Philippines Inc.  
Arnis Cruzada Philippines Inc.  
Arnis de Mano Federation of the Philippines Inc.  
Arnis Federation of the Philippines (AFDI) Inc.  
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Arnis Karate Judo Federation (AR.KA.JU) Inc.  
Arnis National Integrated Self-Defense Inc.  
Arnis Pederasyong International Inc.  
Arnis Philippines Inc.  
Arnis Rapelon Martial Arts Defense Organization (ARMADO) Inc.  
Arnis Reform National Indigenous Sport (ARNIS) Inc.  
Arnis Simaron International Inc.



## **B**

Bacolod City Arnis Kali Eskrima Practitioners Association Inc.  
Bacolod-Negros Arnis Federation International Inc  
Baguio Arnis Federation Inc.  
Batangas Combat Arnis Aikido Training Center  
Black Eagle Arnis Eskrima Club Inc.  
Black Master Arnis and hands Fighting Training Center  
Bontud Panlabaw Mindanao Logical for Arnis and Judo Inc

## **C**

Cacoy Doce Pares Eskrima World Federation Inc.  
Cagayan de Oro Durex Judo Arnis Karate Association Inc.  
Cebu Sport Arnis League Inc.  
Cebu SKRIMA (Arnis) Association inc.  
Combat Arnis Hong Kong Philippines Martial Arts Association Society Inc.  
Combative and Sportive Arnis System Association inc.  
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## **D**

DACEMA Arnis de Duelo Training Center El Filipino Arnis de Abanico International Inc.  
Doce Pares Eskrima Center Eskrima Kali Arnis Academy of the Philippines Inc.

## **E**

Eskrima Kali Arnis Academy of the Philippines inc.  
Eskrima Las Islas Pilipinas Inc.  
Eskrima Learning Center FILMOCAN Eskrima Club FILMOCAN Eskrima Club Inc.

## **F**

Filipino Arnis Combat Aikido International (FASCAI) Inc.  
Filipino Art of Modified Arnis Federation Inc.  
Filipino Martial Arts Arnis Lanada Style Association Inc.  
First Golden Fist Shotokan Karate-Judo Arnis Gym  
Foremost Sikaran Arnis Brotherhood Inc.

## **G**

Golden Kamagong Arnis-Kali-Escrima Association Inc.

## **I**

International Eskrima Kali Arnis League Inc

Integrated Lapu-Lapu Arnis and Armaments from Hinterlands for Sahib (Ilaa Ha Sultan) Inc.

International Eskrima Kali Arnis League Inc.

International Modern Arnis Federation (IMAF) Inc.

International FootFist Arnis Blaraw Lakas Katorse Inc.

Isabela Arnis System (Isabela Arnis Team) Philippines Inc.

## **J**

Jimmy Duterte Torcedo Arnis Stick Fighting

Judo Arnis Karate (JUARKA) Martial Arts Inc.

## **K**

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Kali Arnis Martial Arts Foundation Inc.

Kali-Arnis/Hands Fighting Association Inc.

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Kamay-Arnis Lock Indigenous (Kali) Arts Inc.

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Karnis Martial Art Trainging Center

Kiathson Martial Arts Academy Philippines Inc

## **L**

Lapunti Arnis de Abanico Inc.

Le-Jem Traning Services Arnis Consolidated Martial Arts Inc.

Lema Scientific Kali Arnis System Inc.

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## **M**

Meg-Sune Ku Arnis San Miguel de Abanico Training Center

Mindanao Eagle Combat Judo Karate Arnis Aikido Association Inc

Mindanao Eskrima Kali Arnis Federation (MEKAFI) Inc.

Mink Mongoose Martial Arts and Arnis

Modern Arnis Association of the Philippines International Inc.

Modern Arnis Filipino Hands Fighting Association Inc.

Modern Arnis Mano-Mao Filipino Martial Arts School

Modern Arnis Remy P. Presas International Organization (MARPIO) Inc.

Montalban Suntok Sikaran Judo Arnis (MSSJUDAR) Inc.

## **N**

NARAPHIL Arnis Inc.

New Modern Arnis Club of the Philippines Inc.

North Wind Training Center Logical for Arnis and Judo Inc.

## **O**

Otso Teros Arnis Association Inc.

## **P**

Paclibar Bicol Arnis-Philippines KaiKiJutsu International Inc.

Pangasinan Amateur Muay Thai & Kickboxing Arnis Martial Arts Trainging Center

Pardo Balintawak Arnis International Incorporated

Philippine Jutsu Modern Arnis (PJMA) Inc.

Philippine Arnis (KALI) Martial Arts Federation International inc.

Philippine Club of Combat Arnis

Philippine Federation of Sikaran Arnis Brotherhood Inc.

Philippine Kalintaw Arnis Kali Association Inc.

Philippine National Arnis Council Inc.

Philippine Professional Arnis Association Inc.

Philippine Combat KungFu Arnis (PHILCKA) Inc.

Philippine Combat Yahming Traditional Arnis Association Inc.

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Philippine Council of Senior Masters of Modern Arnis (First Generation) Inc.

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Philippine National Police Academy Arnis Club Inc.

Philippine Shadow Boxing (ANINO Arnis-Kickboxing) Association inc.

Philippine Arnis Combat Judo Karate Association (PARCOJUKA) Inc.

Philippine Sport Arnis League Inc.

Pilipino Arnis Kickboxing (PHIL-ARK) Inc.

Pro Arnis Gears Progressive Arnis Society of the Philippines (Pro Arnis Philippines) Inc.

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San Maguel Eskrima (Doce Pares Chapter) Club inc.

Shotokan Karate-Judo Arnis Gym

Sikaran-Arnis Gym

Sikaran-Arnis Gym - Branch I

Sincala Sikaran Arnis Brotherhood Martial Arts Inc.

Siparnis Filipino Martial Arts inc.

Sphinx Kai-Arnis Federation Inc.

Sports Kali Eskrima Inc.

Strong Combat Judo Karate Arnis COJUKAL Martial Arts (SCOMA) Inc.  
Suntok Sikad Arnis Federation Inc.  
Surigao Arnis Club Inc.

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T.I.P. Arnis Club Q.C. Inc  
Tosudaquil Philippine Modern Arnis  
Tribe Spear Arnis & Hands Fighting  
Tropical Sikaran Arnis Academy Inc,  
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## **U**

Ultimate Combat Martial Arts Arnis D' Abanico (ULTICOMA) Inc.

## **W**

WEDO Arnis Combat World Arnis Association Inc.  
World Arnis Combat World Arnis Association Inc.  
World Arnis Federation (WAF) Inc.  
World Eskrima Kali Arnis Federation (WEKAF) Inc.  
Worls Nickelstick Eskrima Club Balintawak Style Inc.

## **Z**

Zion Original Disciples in Arnis & Combat Sport Self-Defense Society of the Philippines Inc.

Products and Services that the FMA Digest presently advertises and companies are in the Philippines, plus others that are known to the FMA Digest.  
Want to see more - **Click Here**

## **Equipment - Books - Videos - Services**

### **Equipment**



**www.pmasupplies.com**

Mr. Arvino Logarta has been studying Arnis/Kali/Eskrima since 1994. After studying Modern Arnis under different teachers he is now studying under Sir Mark Santos. He is a true blue Filipino martial arts practitioner who has studied Arnis/Kali/Eskrima the “Old School” way. Yes that means studying full contact without protections or armor that is used today. He has studied directly under Grandmaster Ernesto Presas, brother of Grandmaster Remy Presas who is the father of Modern Arnis. Sir Mark Santos also had the rare and great privilege of studying Kali Ilustrisimo under the legendary Tatang Ilustrisimo himself for one and a half years.



Sir Mark Santos with Arvino Logarta

Sir Mark Santos started studying martial arts when he was 6 years old. He first started studying judo and later on when he was 11 years old he started studying under Grandmaster Ernesto Presas. Under Grandmaster Presas, Sir Mark Santos studied Modern Arnis and knife fighting, Karate, Judo, Kendo, Ju-jitsu and several martial arts weaponry including Sai, Tonfa, Nunchucks and Jo. He currently holds a black belt 4th Dan in Modern Arnis under Grandmaster Presas, 5th Dan in Zikdoka Karate under Shihan Louelle and Tino Ceberano who were direct students of Master Gogen Yamaguchi more popularly known as “The Cat” and 3rd Dan in Japanese/European Jujutsu. He also practiced kendo for 4 years in Grandmaster Ernesto Presas gym.

Sir Mark (as we all affectionately call him) has taught Arnis and practical self-defense in the NBI (National Bureau of Investigation). It is a special Philippine Government Agency whose counterpart in the United States is the FBI (Federal Bureau of Investigation). He also taught the security protection detail of French and Italian dignitaries in the Philippines. He is now currently a police officer for a branch of Law Enforcement in the Philippines. Last year Sir Mark was posted in Mindanao specifically

Zamboanga and Jolo where the dreaded Abu Sayaf and MILF reside, one of the most dangerous places in the Philippines.



Owners of Philippine Martial Arts Supplies  
Arvino Logarta & Fhey Santos

Philippine Martial Arts Supplies started 5 years ago in 1999. With the growing demand and popularity for Filipino martial arts namely Arnis/Kali/Escrima all over the world, they started supplying to a group of instructors and middlemen who go abroad and sell martial arts products to their students and to martial arts stores. Filipino martial arts Supplies being martial artists themselves, they thought whom better to supply martial arts equipment to other martial artists than martial artists who use

the same equipment.

The Philippine Martial Arts Supplies goal is to produce and distribute quality martial arts equipment for training and self-defense use. All of their products have been tested and used by them personally to ensure that customers receive items are fully functional both in the dojo and in the streets.

All of their weapons are made from premium exotic hardwoods such as Philippine Ebony otherwise known as "**Iron Wood**" and "Black Ivory" (Kamagong as it is called



Hand carved Engravings on ironwood Arnis stick

locally), make no misconceptions about the "Iron Wood", its densely compact constitution makes it a very hard wood that could shatter or be broken when hit with a denser material like cement or concrete but why would the old master's use these items in their legendary "Death matches"? Also, Palm wood or Coco-wood (also known as "Bahi" locally) and premium Palasan and the rare Labsica rattan sticks.

Practitioners and enthusiasts from Kendo, Aikido, Iaido, Kobudo, Ninjutsu, Arnis /Kali/Escrima etc, will find that Philippine Martial Arts Supplies products are made from the

best materials that nature has to offer, handcrafted in great detail to give maximum performance in practice and aesthetic beauty for your collection.

Philippine Martial Arts Supplies does not adhere to violence but when there is no choice we would like our customers to have an effective piece of equipment on their hands.

## Contact Info

Philippine Martial Arts Supplies have two small provincial factories in the provinces and a shipping point in Manila, Philippines. Interested parties may go to the **Website** and **Email** them directly if they have questions about their products and they will happily reply.

All products from Philippine Martial Arts Supplies are handcrafted only after an order is placed to ensure the quality of the wooden weapons.

All products from Philippine Martial Arts Supplies can be custom made in terms of weight, size and dimensions in accordance to the wishes and specifications of the buyer.

- Custom made designs, logos, ensigns of schools, dojo's, associations etc, to be engraved on the weapons is available upon request with an accompanying engraving fee.
- Most of the Japanese wooden weapons made by Philippine Martial Arts Supplies are made of Philippine Ebony or "Iron Wood" or Kamagong, as it is known locally. This type of wood is an exotic wood known for its beauty and extreme durability.
- All "Iron Wood" products are wax finished. No artificial paints or varnishes are used in finishing our products thus giving you that hands-on natural feel of this exotic wood.
- These exquisitely crafted weapons can be used in rigorous training but they are also very ideal for collection and display because of their beauty.



Philippine Martial Arts Supplies  
Work Shop



[www.sandatacrafts.com](http://www.sandatacrafts.com)

Welcome to Sandata Crafts, home to some of the finest wooden martial arts weapons. We have high quality and high performance Japanese, Filipino, and other martial arts weapons. Our products are handcrafted in the Philippine Islands and made from exotic hardwoods such as Kamagong (Iron Wood / Philippine Ebony) and Bahi (Palm Wood).



Sandata Crafts takes a very personal approach to their customers; they do not use automated responses. There are no shopping carts on the website (due to the fact that most retail orders are highly customized), customers have to email Sandata for inquiries. This allows the people of Sandata Crafts to be able to personally speak to their customers so

that they can understand the customer's specific needs.

Their basic aim is to provide the martial artist with excellent personalized service and quality of Philippine-made Filipino Martial Arts weapons. Sandata, as much as possible, tries to reply to every inquiry within 24. Many times, they are able to answer most inquiries in just minutes.

Owner, JM Taylor 25 years of age, resides in Quezon City, Metro Manila, Philippines. At the age of 11 for a year JM studied Aikido. But due to a fracture, he had to stop, and didn't continue his training until after the injury was totally healed.

JM began studying Hong Sing Kung Fu and Arnis Rapado for about 8 months in 2003. But again he was unable to continue his training because the gym he was training at closed down and he couldn't afford home training. JM later learned about a group in the Philippines training in Katori Shinto-ryu. This group is a branch of the Sugawara Martial Arts Institute, studying Katori Shinto-ryu, and Iwama style Aikido.

JM uses the Katori Shinto-ryu style ironwood bokken in class. He also uses a Bo, which his company produced, and soon Sandata Crafts will be coming out with a naginata that will be tested in the Katori Shinto-ryu dojo. Many Japanese sword fighting students would prefer his/her sword to be made in Japan, aside from promoting Filipino martial arts weapons, Sandata Crafts is also trying to establish the ironwood Japanese Martial Arts weapon line as a worthy alternative to the standard white oak JMA weapons. It is for people who want to try the same weapon in a different kind of wood, but still get the same quality and durability as the standard white oak.



It would be nice for Filipino martial arts practitioners to think of Philippine-made Filipino martial arts weapons as more desirable than Filipino martial arts products made elsewhere. JM and his business partners aim to help their country's export market, even if





the company's sales are obviously much smaller compared to other major export products of the Philippines.

Although many other stores offer basically the same Philippine-made products as Sandata Crafts, their main goal is to provide quality weapons. Sandata Crafts ensures the best quality possible in every weapon, and has always replaced any rejected weapon sold to a customer.

Their weapons are made to order. They do not have a stockpile of weapons. This explains why it usually takes 2 to 3 weeks to get the weapon to the customer. They do it this way because most of the retail orders are customized weapons. Most of their clients want their weapons a certain length, weight, and/or have certain designs/names engraved on the weapons they purchase.

JM was fortunate in meeting the person that would become the main wood carver for Sandata's products, through his Arnis instructor, Master Limuel Bonsa. When JM met his newly found wood carver, he had just graduated from college, and was working part-time, trying to get a couple of business ventures to work. Fortunately this worked out and Sandata Crafts was created.

	<p><b>Carabao Horn Dulo-Dulo</b></p> <p>Similar to the Dulo-Dulo (Pasak/Yawara), but is shaped like the horn of a Carabao (the Philippine counterpart of the Buffalo).</p>
<p>The Dulo-dulo is also known as Pasak or Yawara. It is approximately 7 inches in length. This product can come with a hole on one end so that you may use it as a key chain, which can double as a personal defense weapon.</p>	

Sandata's whole product line can be seen on their **Website**. They have, Bokken, Shoto, Tanto, Bo, Tonfa, Nunchaku, Kama, Arnis sticks, Arnis swords, Garote, Kris swords, Kris daggers, a regular dagger, knives, 3 types of dulo-dulo (ipon style, dos puntos, and carabao horn), and wooden knuckles. They give out free mini-daggers for certain orders. They also offer basic engraving services. Almost all weapons are made of Kamagong, but most of them can also be made of Bahi.

The arnis sticks and Bo can be made of rattan. Sometimes, they will get requests for entirely different kinds of weapons. For example, they were able to supply someone in Japan with a double wooden sword (soushintou).

Sandata Crafts will be releasing a whole new slew of Filipino martial arts weapons, some of which will be variations of what they already have. They will also be releasing weapons in a new type of hardwood, which they can't reveal at the time of this writing, but hopefully you'll visit the **Sandata Crafts website** and see them sometime soon in the future.

## Contact

If you have any questions, comments, or suggestions about anything related to this site, feel free to contact us.

You can reach us at these contact details:

**JM Taylor**

Sales/Marketing

Tel. No: +63 2 438 3115  
Mobile No: +63 917 808 1534  
taylor@sandatacrafts.com

Sandata Crafts is run by Simple Business Collaborations, Inc., located in Quezon City, Metro Manila, Philippines.

### **The Concept of Aycocho Arnis Korambit (AAK)**

By: Frank Aycocho



Philippines farm tool, used to harvest palay and coconut. It is 12 inches total in length, with a sharp edge on one side while the Korambit invented by Sr. Master Frank Aycocho combines a farm tool and a shoe makers tool. It is designed for multipurpose uses in military combat hand and foot.

The Karambit of Emerson Knives ([www.emersonknives.com](http://www.emersonknives.com)) is different than AAK. The AAK is an innovation of Spada Y Daga, Spada - sword represents the stick in arnis, Korambit represents daga (dagger), in the sense of promoting sports competition in the Philippines, Arnis being one of Filipino National Sports. The AAK was presented at the Filipino Martial Arts Festival on July 22, 23, and 24, 2008.

The Korambit is a double bladed curve knife short for a quick maneuver of cutting at all direction within a twist of wrist followed by the flexibility of the body, hips, shoulder and pivoting of feet to flow on its momentum of motion. The finest techniques of close quarter combat, artistically designed for military combat fighting.

In the mechanics of the technical application which combines the art of Silat with an Arnis stick and the kerambit, one hand holds the baston and the other hand has the Korambit with four fingers inserted to the hole of Korambit handle for an option to grab and control an opponents' action and if you lose your grip on the opponent the opponent will be cut.

**What is Korambit?** An ancient double bladed curve knife of Filipino; disguised as a farm tool during the Spanish time in the Philippines when carrying of the arnis stick was banned by the Spanish in 1764. The Korambit is a Filipino native word similar to Karambit, an Indonesian Kuntao and Penjak Silat weapon with origin from the



Differences between the Karambit and the Korambit



The kerambit a rubber knife is designed to provide training practice and for sports competition for safety reasons. The arnis stick shall be made of hard rubber for the same reason of safety to avoid injury rather than wearing a safety vest that slows down the reflexes of contestant.

The size, weight and length of martial arts weapon must be equal for both players and must be marked with colored chalk for visibility of marks to count and determine the winner.

The competition shall be 3 minutes per round with 3 rounds of competition. If in case of tie at the end of 3 rounds, one round shall be allowed, at the end of the extra round if points remains tie, another 3 minutes round shall be extended in a rule of martial arts in one contact first strike point and winner shall be declared even if the last 3 minutes extension is not consumed.

If one player loses a weapon in his hand, the fight shall continue and the opponent with the lost weapon shall continue to defend himself, "losing a weapon is not grounds for defeat," but he/she is not allowed to recover a lost weapon.

Light contact is allowed on selected parts of the body, Bleeding, eyes, genital and lips are prohibited targets and biting is also prohibited. 3 warnings for fouls are grounds for disqualification.

In respect to martial arts of any other nations style, allowing them to participate, display their own techniques in competition with unlimited selections of points is a way to promote peace, harmony and comradery among martial artist worldwide, we are in the future of mixed martial arts, but we have our right of identity of our culture and tradition, let us promote martial arts for sports, physical fitness and self defense.



**Korambit Aluminum Knife:** non sharp blade with kamagong hard wood black handle 1,200.00 pesos includes shipment, 10 % off for whole sale over 50 pieces.

**Korambit Rubber Knife:** 120.00 pesos includes shipment, 10 % off whole sale over 100 pieces.

**Korambit Military Combat knife:** authentic with sharpen blade \$300 U.S.D. includes tax and shipment.

**Korambit knife and 2 Rattan sticks w/case**



(standard 28inches): 200 Pesos, includes shipping and tax.



**AAK Lightweight Polyester Camouflage Uniforms:** 3 sizes, V cut - \$50 USD includes shipping and handling outside the Philippines.

**Traditional Red Uniform Pants:** Cotton canvas, garterized with waist draw string - \$50 each.

**Contact:** Frank Aycocho (0919) 883-1120

or **Email:** [Click Here](#)

**Trademark:** AKDPhilippines



**Arnis Association International Inc.**  
**Senior Master Rodillo "Rodel" Dagooc**  
108 - Balayong, Bauan, Batangas  
Philippines 4201  
(043) 727-8502 / Cell: (0919) 507-2916  
[rodeldagooc@yahoo.com](mailto:rodeldagooc@yahoo.com)  
[www.smokingsticks.multiply.com](http://www.smokingsticks.multiply.com)



### **Smoking Stick Arnis Cane Maker Products**

- |   |   |
|---|---|
| Rattan Arnis Sticks (w/engraving)                         | Remy Presas Bolo (single-edged)                           |
| Rattan Arnis Sticks - w/spiral design (without engraving) | Double Edged Bolo   |
| Labsika Arnis Sticks (plain: 4 - 5 knots)                 | Kris Bolo   |
| Labsika Arnis Sticks (plain: 6 - 7 knots)                 | Pinute Bolo   |
| Labsika Arnis Sticks (plain: 8 - above knots)             | Barong  |
| Arnis Stick Bahi Wood                                     | Kampilan  |
| Arnis Stick Kamagong Wood                                 | Kerambit  |
| Arnis Case (2 sticks)                                     | Aluminum Training Knives/Kris Daggers (w/Kamagong handle) |
| Arnis Case (6 sticks w/Philippine Flag)                   | Bangkaw / Long Pole (made of Bahi wood - metal tip)       |
| Arnis Case (large - roll type)                            | Bangkaw / Long Pole (rattan wood)                         |
| Arnis Uniforms (s, m, l)                                  | Bangkaw / Long Pole (rattan wood w/engraving)             |
| Arnis Uniforms (xl, xxl, xxxl)                            | Kris Kamagong Dagger                                      |
| Arnis Belts (for all ranks)                               | Pinuti Kamagong Dagger                                    |
| Bahi Flat Stick   | Kamagong Dulo-Dulo  |
| Bahi Flat Stick (w/metal tip)                             | Horn Dulo-Dulo  |
| Padded Stick  |   |
| Padded 5 ft long pole                                     |   |

**For Price information or Ordering Contact:** (043) 727-8502 / Cell: (0919) 507-2916

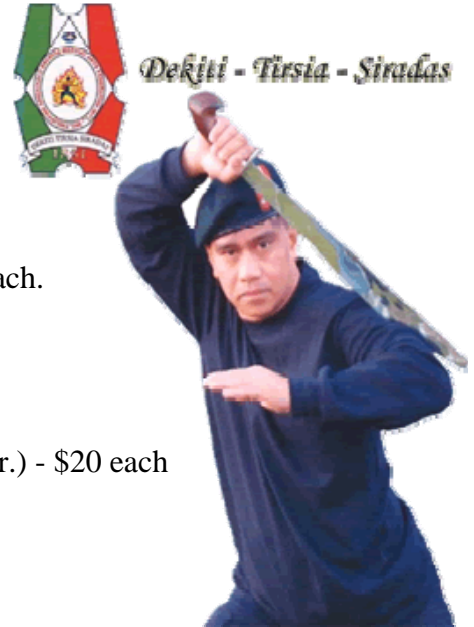
Or **Email:** [rodeldagooc@yahoo.com](mailto:rodeldagooc@yahoo.com)



**Dekiti Tirsia Siradas**  
**Grandmaster Jerson Tortal Jr.**

1. **1" inch dia. Kamagong Stick 28"** - \$10 each.
2. **1" inch Rattan Sticks 28"** - \$6 each.
3. **Training blades** - Talibong, Ginunting (live blade) - \$ 45 each.
4. **Kerambit Blade** - (With Sharpened Blade) - \$25 each  
(Without Sharpened Blade) - \$20 each
5. **Arnis Bag** (good for - 10 sticks) - \$7 each
6. **Training Instructional Video Tape**  
(By Grandmaster Jerson Tortal Jr.) - \$20 each

For orders or further inquiries contact: (63) 918 203-3201  
**Email: [gqvillahermosa@yahoo.com](mailto:gqvillahermosa@yahoo.com)**



**[www.fmadirect.co.uk](http://www.fmadirect.co.uk)**

**FMA Direct** is a UK-Filipino company formed back in 2006 as a subsidiary of Ramin Sports. Our Philippine manufacturing operation is modest with a 10000 sq ft shop situated 30 minutes drive from 'Manila International Airport' in Kamias, Quezon City (25 mins walk from the famous 'Araneta Coliseum' - where Muhammad Ali fought in the 'Thrilla in Manila').

Our primary focus is the manufacture of bespoke sports and leisure garments.

We don't just manufacture FMA equipment. We manufacture t-shirts, hooded tops, sports clothing etc. and can also make unique designs to customer specification. We generally only prefer to manufacture bespoke provided the minimum order is 50.

**FMA Direct**  
16 The Pines  
Cringleford, England NR4 7LT  
0207 1939 560  
**Email:** [sales@fmadirect.co.uk](mailto:sales@fmadirect.co.uk)  
**Website:** [www.fmadirect.co.uk](http://www.fmadirect.co.uk)



## **Giron Balisong Store**

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Mahabang Ludlod Taal

Batangas, Philippines

(043) 408-1674

(0915) 337-6936

(0920) 441-3982

**Email:** gironbalisong@yahoo.com.ph

Need a ride to get to the store contact them and they will arrange.  
Print this advertisement and mention the FMAdigest and get a Discount





**EskrimaKaliArnis.Com**  
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**Buy Direct from the Philippines and save money!**

Hi, my name is Simon and I'm the "Owner" of E.K.A.Com. Though "Owner" sounds too corporate for my liking! I prefer to say that I'm the person that will be buying the items and ensuring that they reach you safely and, most importantly of all, that you are satisfied.

We are committed to bringing you the best FMA Equipment at the best possible prices. If there's anything at all you would like but don't see when visiting the website please contact us! We are always improving our stock range and listening to our customers.



All the best with your training,  
Simon McMahon.  
**eskrimakaliarnis.com**



If you have any questions at all about our products or anything related just drop me a line at **info@eskrimakaliarnis.com** and I will do my best to answer them.

We accept all Major Credit/Debt Cards, along with PayPal and Google Checkout.



[soteco.webs.com](http://soteco.webs.com)

### What is SSS?

- S - Singsing or Siningsing (Ring)
- S - Soteco
- S – System

- SSS is an alternative to Arnis stick for defense techniques in the 6-angles of strikes.
- SSS is a multi-purpose defense system in Arnis introduced by Professor Armando Soteco, used for blocking sticks and other deadly instruments by applying the Tapi-Tapi, Dulo-Dulo and Dikitan Style of Filipino martial arts for self-defense. It is also effective in blocking any kind of Kicks.



How to grip the Singsing: Insert your middle finger on the ring and close your fingers around it. The Singsing will be impossible to be taken away from you.

### 6-Angles of Strikes:

1. Left Upper Angle - (Left Ear to left Hip)
2. Right Upper Angle - (Right Ear to Right Hip)
3. Left Lower Angle - (Left Hip to Left Leg)
4. Right Lower Angle - (Right Hip to Right Leg)
5. Mid Angle - (Stomach, Left & Right Midrib)
6. Straight Upper Angle - (Head, Left & Right Clavicle)





**Defense Applied:**

1. **Left Upper Angle**
  - a. "X" Block
  - b. Stick Twisting
  - c. One Hand Circle
2. **Right Upper Angle**
  - a. Wrist Strike
  - b. Under Wrist Block
  - c. Stick Strike
3. **Left Lower Angle**
  - a. Wrist Strike
  - b. Under Wrist Strike
4. **Right Lower Angle**
  - a. Wrist Strike
  - b. Under Wrist Strike
5. **Mid Angle**
  - a. Wrist Strike
  - b. Under Wrist Strike
6. **Straight Upper Angle**
  - a. Rainbow Block
  - b. Under Wrist Lock



Left Strike Defense



Right Strike Defense



Kick Defense



Wrist Lock and disarming

**Also available in:** Bronze, Aluminum, Hard Wood.



Dimension: Length - 6.5" / 6.75"

Material: Stainless Steel

Ring Diameter: 0.5"

Price: USD 35.00 (inclusive of shipping charges).



Dimension: Length - 6.5"/6.75"

Material: Hard Fiber (Fibra)

Ring Diameter: 0.5"

Price: USD 30.00 (inclusive of shipping charges).

**For further details, contact:**

Professor Armando C. Soteco

Cell# (0919) 321-2379

**Email:** acsoteco@yahoo.com

**Local Sales Please contact:**

Danilo M. Naoe

Cell# (0927) 943-7559

**Email:** dnaoe@yahoo.com

International Sales to Order: **Click Here**

## **Master Reynaldo Postrado Engraved Arnis Sticks**

Beautifully hand engraved arnis sticks.

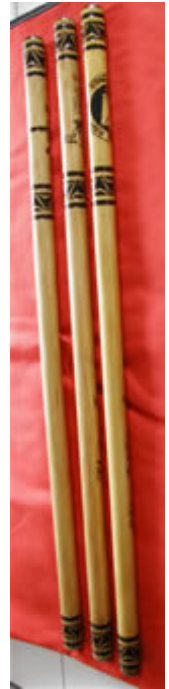
Get your school logo, style or organizations name or your personal name engraved on an arnis stick. Give an engraved arnis stick to your students or fellow practitioners.

Each arnis stick professionally hand engraved. Send your design and receive a quote. Order one or order several.

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**Campana Arnis Sticks**  
Cebu City, Philippines  
63 (917) 623-2945

**Contact: [Click Here](#) / Sample: [Click Here](#)**

## Books

### **An Introduction to Sports Arnis**

Authored by: Joel D. Anajao

This book with disk was published for the purpose of propagating arnis as a sport. It contains abridged competition rules as used by the Sports Arnis Pilipinas Organization on Arnis sparring, basic skills of competitive arnis and the framework of physical preparations for players.

At the book's completion, the reader is expected to:

- Understand the historical development of Arnis.
- Appreciate Arnis; as a sports and not merely as a form of self-defense.
- Recognize the various types of Arnis competitions.
- Understand the basic rules of Sports Arnis.
- Demonstrate fundamental offensive and defensive skills.
- Be aware of the etiquette and safety concerns of sparring with Impact Weapons.
- Be knowledgeable about the physical preparation of players for competition.

Cost: \$20 USD includes shipping & handling.

Ordered through:

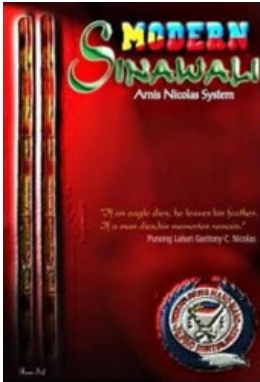
Arvino Logarta

PMA Supplies - [www.pmasupplies.com](http://www.pmasupplies.com)

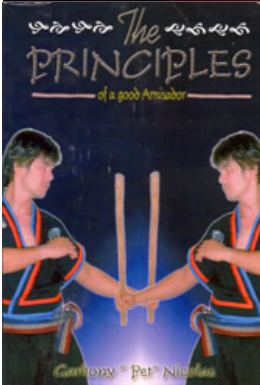
**Email** - [logarta@pmasupplies.com](mailto:logarta@pmasupplies.com)



**Punong Lakan Garitony C. Nicolas**  
**Arnis Nicolas System**  
Presents



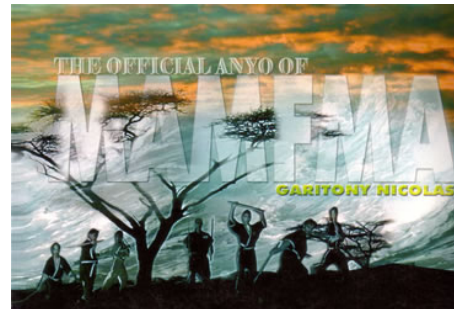
**Modern Sinawali** - gives all the training process that a practitioner needs to know and learn because of the various crisscross movements of the hand. Learning such Sinawali will surely improve and develop the Arnisador's footwork, agility, speed, timing, coordination, instinct, control, skills and proper distance. Not limited to double stick only; it could also be done with one stick against two sticks, stick against Bankaw, one against two attackers, Bankaw against Gilingan, mano-mano and etc... \$25 USD



**Principles of a Good Arnisador** - is a book that discusses the principles of the Arnis Nicolas System and its art, including the development of stickfighting. \$15 USD

**The Official Anyo of MAMFMA** – is all about the form done by each student from beginner to black belt using the three forms of play of arnis, single stick, double stick and a combination of arnis stick and a shorter one which represents the espada y daga system. Demonstrating the stylish yet effective anyo of

Modern Arnis Mano-Mano which develops the mental and physical set ups. Increasing the body and mind coordination and helping the student to memorize and familiarize the techniques they are learning. \$20 USD

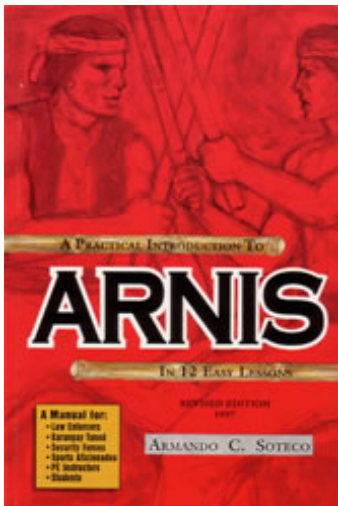


All pricing includes shipping & handling.

For payment information contact: Punong Lakan Garitony Nicolas at:  
214-A H. Domingo St., Pasay City, Philippines 1300  
63 (921) 499-1499

**Email:** [Filipinomartialarts@yahoo.com](mailto:Filipinomartialarts@yahoo.com)





**A Practical Introduction to  
Arnis  
in 12 Easy Lessons  
Revised Edition  
By Armando C. Soteco**

A book used at the School of Arnis Professionals at the National College of Physical Education – Pamantasan ng Lungsod ng Maynila (University of the City of Manila), Intramuros, Manila, Philippines.

In the course Professional Sports Specialization program which upon graduation the student earns a certificate of Professional Arnis Instructor.

The program is designed to prepare professional arnis instructors and P.E. teachers by providing scientific knowledge and skills in teaching, coaching and managing competitions.

**Course entails:**

**Theoretical:**

- Sport Science (Bio Mechanics)
- Physical Fitness Science
- Traumatology
- Sports Psychology
- Organization and Managing Competitions/Tournaments
- Nutrition

**Practicum:**

- Arnis 1 ...Basic Education (level)
- Arnis 2 ...Cultural: Traditional Anyo and Dance standard
- Arnis 3 ...Sports: Rules/Officiating Methods and Coaching Techniques

**Admission Requirements:** Any Bachelor's degree holder or undergraduate and/or

- with basic knowledge in Arnis
- Arnis trainers/instructors
- Arnis athletes/practitioners
- P.E. teachers

**Year Round Schedule for Local, National & International:**

Every April 1-6, 8:00a.m. to 5:00p.m.

August 1-6, 8:00a.m. to 5:00p.m.

December 1-6, 8:00a.m. to 5:00p.m.

Dr. Alejandro C. Dagdag, D.E.M.

Executive Director

National College of Physical Education, PLM

**Or by Special Arrangement**

**To order the book - or for enrollment fees, class schedule and venue contact:**

Professor Armando C. Soteco  
37 Kagitingan St.  
Muzon, Malabon City  
Metro Manila, Philippines 1479  
63 (0919) 321-2379

Book price \$16.00 USD  
Includes shipping & handling  
Postal Money Order preferred outside the Philippines.  
Email (**Click Here**)  
c/o Ms Ginalyn Relos



## Videos

### Grandmaster Jerson Tortal Jr.'s

Dekiti Tirsia Siradas DVD -- Is Now Out!



This DVD is a compilation of several videos featuring Dekiti Tirsia Siradas seminars/trainings of Grandmaster Jerson Tortal Jr. in the Philippines and in Malaysia.

Inside the DVD Grandmaster Jerson teaches single stick, double sticks forms, knife defense, disarming, take-downs, long staff and much more.

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It takes a lot of patience and creativity to create this kind of art work starting a piece is a skillful thought process in its self. First once started if not enough wire the piece is discarded. You may ask why? It is because each piece is created with one continuous strand of wire from beginning to completion, all done with his bare hands no tools used. Usually a small sculpture will take approximately 2 months to complete.

Each sculpture is for sale for this is the way Ian makes his living, selling his sculptures throughout the world.



For prices or to inquire about custom made sculptures contact:  
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**Balay Negrense Museum**

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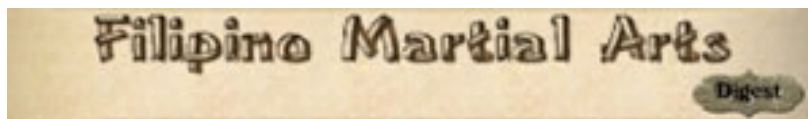
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