

Filipino Martial Arts

HTAI

Digest

Special Issue
2007



Seminars = Knowledge + Training = A Skilled Practitioner



Basic Training

Laban Laro

Publisher

Steven K. Dowd

Contributing Writers

HTAI Archives

Abby Sewell

Photos: Tess Hufana

Photos: Bryson Kim

Contents

From the Publishers Desk

Introduction

Punong Guro Myrlino P. Hufana

WFMAA Regional Seminar & Laban Laro Training: February 18, 2006

WFMAA Regional Seminar & Laban Laro Training: March 18, 2006

MSI Manaois Systems International Seminar: March 25, 2006

HTAI Arnis Spring Camp: April 8 - 9, 2006

WFMAA Regional Seminar & Laban Laro Training: April 29, 2006

WFMAA Regional Seminar & Laban Laro Training: May 21, 2006

HTAI arnis Summer Camp: June 17 - 18, 2006

MSI Manaois Systems International Seminar: October 29, 2006

ESKABO DA'AN Seminar: November 4, 2006

HTAI Arnis Fall Camp: November 18 - 19, 2006

About the Instructors

WFMAA

HTAI Visits the Philippines

Filipino Martial Arts Digest is published and distributed by:

FMA Digest

1297 Eider Circle

Fallon, Nevada 89406

Visit us on the World Wide Web: **www.fmadigest.com**

The FMA Digest is published quarterly. Each issue features practitioners of martial arts and other internal arts of the Philippines. Other features include historical, theoretical and technical articles; reflections, Filipino martial arts, healing arts and other related subjects.

The ideas and opinions expressed in this digest are those of the authors or instructors being interviewed and are not necessarily the views of the publisher or editor.

We solicit comments and/or suggestions. Articles are also welcome.

The authors and publisher of this digest are not responsible for any injury, which may result from following the instructions contained in the digest. Before embarking on any of the physical activities described in the digest, the reader should consult his or her physician for advice regarding their individual suitability for performing such activity.

From the Publishers Desk

Kumusta

The HTAI is the creation, a personal and professional organization of Punong Guro Myrlino Hufana. It is a Filipino martial art consisting of Modern Arnis, his family art and his own personal experiences.

However the HTAI is more than just a Filipino martial art. Punong Guro Hufana throughout each year establishes and brings about seminars, which brings together various Filipino martial art Grandmasters and Masters to demonstrate, instruct, and fully share their particular Filipino martial art. This bringing about to the practitioners, which sign up for the seminars, knowledge and skills that builds them into professional Filipino martial arts practitioners.

However the thought here now running through your mind is yes, but others also do this. And this is true. But what this leads up to in Punong Guro Hufana's case is that it paves the way to one of the biggest events of the year, which is the WFMAA (World Filipino Martial Arts Association) event. This event held just once a year and is going into its 5th year in 2007 brings together some of the most sought out Grandmasters and Masters in the Filipino Martial arts. Bringing them together for 2 days of instruction and training to those that sign up. This also includes a dinner, which practitioners and instructors can socialize and a banquet that honors the Grandmasters and Masters that have shared their art with practitioners of the Filipino martial arts. And if that is not enough, on the 3rd day a Laban Laro Tournament is held so practitioners can test their skills in combat.

Even though each is specialized in their particular art, a unity of understanding and a common goal is understood and that is the promotion of the Filipino martial arts, and a Brotherhood of all that participated.

Maraming Salamat Po



www.arnisador.com



www.worldfma.com



Endorsed by the Philippine Council
of Kali Eskrima Arnis Masters

HTAI Academy

Punong Guro Myrlino P. Hufana, the Grandmaster and Chief Instructor of the HTAI system and organization founded Hufana Traditional Arnis International (HTAI) in February 2001.

The Academy offers regular training in the Combative Arts of the Philippines lead by Punong Guro and several certified assistant instructors.

Filipino martial arts classes are separate from the Academy's Taekwondo program. The Arnis, Kali and Eskrima training is not a mixed martial arts program. The Filipino martial arts training, as taught by Punong Guro, are based on classical movements, concepts and philosophy of the Filipino Combative Arts. Admittedly, there are a few areas of training that have been modified in order to effectively adapt into today's fighting scenarios. Nevertheless, the Filipino martial arts, is a very complete martial arts system of highly effective and practical self-defense.

The strength of the Filipino martial arts is in its ability to conform and adapt into any combative and street fighting scenario. There are four major ranges taught in Punong Guro's style of Filipino martial arts - Largo Mano (long-range), Medio (mid-range), Corto (close quarters), and Dumog (Filipino ground fighting).

The weapons utilized will depend on the range of combat. The weaponry used in training will vary from the student's level of proficiency and training experience. The basics will include rattan sticks of several lengths: long (36"-40"), medium (26"-28"), and short (20"-24"). Training daggers of various styles and other traditional Filipino bladed weaponry will also be used in some areas of training. Although the Filipino martial arts main arsenal, are the weapons, Mano Mano (empty hands), Pilipino Boksing (kick boxing) and Sipa (kicks) are also used.

Punong Guro Myrlino P. Hufana

Hufana Traditional Arnis International

At a very young age Myrlino Hufana was introduced in the martial arts and didn't even know it. Being taught basic boxing and basic stick work by his father, Ysmael Rivera Hufana, Sr. and uncle, Milfredo Rivera Hufana.

In 1971 Myrlino came to the United States from the Philippines and though while growing up in the Philippines he trained with his father and uncle he decided to take a break and settle in. As time passed his grandmother urged Myrlino and his two younger bothers to get involved in some kind of a martial art and it really didn't matter what style. So Myrlino and his brothers joined a nearby class, which was teaching Japanese Karate.



Myrlino's father was inquisitive on what Myrlino and his brothers were taking and what they were being taught and if they were actually benefiting from their training. As time passed Myrlino's father would question him in the aspects of what he was learning. "What would you do when this would happen or that would happen?" After a while this became frustrating and Myrlino asked his father what he had been taught while young in the Philippines by his uncle and him? His father called it arnis and though Myrlino born and raised in the Philippines really had no idea what it was all about this Filipino martial art. Myrlino continued his training in Karate and eventually joined and commenced training in Tae Kwon Do.

At the age of 17 or 18 years old, his father would emphasize more on the Filipino martial arts and his uncle would also question Myrlino about what he was learning in these martial arts. Myrlino getting more inquisitive about what he had learned as a very young child, started to become overwhelmed with questions, (this was his culture after all), and started to buy books to research some of the Filipino martial arts styles that were being publicly taught. He discovered that the Filipino martial arts were very good.

(Lets understand that Myrlino's parents were strict, traditionalists, and put family and cultural values very high, wanting their children to understand and cherish their Filipino culture. At home most the time speaking Ilocano or Tagalog, and celebrating traditional Philippine events.)

Now Myrlino commenced a more serious training in the Filipino martial arts with an understanding, but also continued his training in the other martial arts that he had been involved in. As he progressed in his training of the Filipino martial arts he became more engrossed with reading about the stories of the masters, the culture and practitioners.

A turning point for Myrlino came while he was at a Tae Kwon do competition and witnessed Grandmaster Angel Cabales doing a demonstration. What he saw was a man with a small physical structure execute blocks, strikes, disarms against 4 to 5 student which were quite a bit larger than him. Grandmaster Cabales, movements were rapid and graceful like a dancer, constantly moving with ease.

Upon his returning home Myrlino continued his practice of the Filipino martial arts with determination, practicing what he had observed, picked up from other observations and of course what was taught to him by his father and uncle, basic boxing, single stick and knife techniques.



Punong Guro Hufana with
Professor Remy Presas

It was in 1990/1991 another really sufficient turning point happened, this was meeting Grandmaster Remy Presas. Myrlino and his wife Tess signed up for a 4-day summer camp. The first day arriving just a bit late, Myrlino observed a demonstration by Grandmaster Presas. Words could not describe or express the emotion going through him.

In the first actual meeting with Grandmaster Presas, Grandmaster thought Myrlino was Chinese, however this was soon corrected once Myrlino started talking to Grandmaster Presas in Tagalog. Myrlino asked Grandmaster a question that was most on his mind at that minute and that was, "how can I learn more from you?" Grandmaster Presas, pointed to some of his top

instructors in the North West, such as Kelly Worden, Dan Anderson and a few others. Myrlino stated that, “no sir I want to learn from the best, I want to learn your art in depth, I want to learn from the man himself.” Grandmaster Presas was amused and a mutual agreement/bond was formed. Myrlino promised he would learn only from him as long as he would teach him. Punong Guro Hufana's personal training with the Professor was very extensive and serious. The Professor would demand Punong Guro's utmost focus and dedication in order to master the techniques he learned. After seven years of extensive one-on-one training and show of respect of the highest level, he was given the coveted title of Punong Guro. This is not a simple title that anyone could acquire in the Filipino martial arts. First, this title or responsibility must be given by a legitimate and recognized Grandmaster of the Filipino martial arts. The title of Punong Guro requires excellence in leadership and the ability to demonstrate a high level of skill. This grand promotion was awarded directly by Grandmaster Remy Amador Presas during a Modern Arnis spring camp, in Bellevue, Washington on April of 1997. Unfortunately, Punong Guro Hufana's training with the legend lasted only for 10 years before Professor's passing in August 2001.

It was in 1992 that Punong Guro Hufana started teaching arnis, dominantly Modern Arnis. It wasn't until approximately the year 2000 that Punong Guro Hufana started to bring his family art into the school to his students. This came about 3 or 4 years earlier when Grandmaster Presas talked with Punong Guro Hufana about doing his own thing, and giving his blessings, you have the skill, it's time. Just do it! But Punong Guro Hufana refused wanting to know even more about Modern Arnis and not just the movements, but the art within its self, about the man behind the art, his reasons and passions for this art of his.

It was also Grandmaster Presas who helped Punong Guro give the name to his art. While making a video in Los Angeles, CA. with Grandmaster Conrad Manaois, Master Ariel Mosses, and Guro Dino Flores which was just an educational video, and Punong Guro doing his part of course executing Modern Arnis. This was taken in the backyard of Master Mosses parents, which had a couple palm trees and a rooster that wanted his part in the video and spoke every once in a while. Punong Guro Hufana wanted to see what Grandmaster Presas thought of this and while viewing the video said it looked very traditional. So Punong Guro Hufana said, I will call what I teach Traditional Arnis and Grandmaster Presas suggested that he put his family name at the beginning. So Hufana's Traditional Arnis was born.

What this consists of is:

25% - Modern Arnis.

40% - Hufana's family art.

35% - Personal Experience and where the art will lead to in the future.



Punong Guro spars with his son Michael



Punong Guro with daughter Lizelle
'Some knife work'

Punong Guro's training continues through his teachings in the Academy, his HTAI seminars/camps and association with some of the world's top Filipino martial arts Filipino masters.

Myrlino P. Hufana, a master instructor in Traditional Taekwondo and the Filipino Martial Arts of Arnis, Kali and Eskrima, founded the Academy in 1991. Master Hufana's passion and dedication to providing the best instructions extend beyond that of the average martial arts teacher. In fact, Master Hufana has established international affiliation and friendship with many of the top Masters and Grandmasters. This brotherhood with other masters has given Master Hufana and his students the advantage in furthering their experience and training in the most realistic, practical and highly effective martial arts.



www.arnisador.com

Hufana Traditional Arnis International

14510 NE 20th Street, Suite 100

Bellevue, Washington 98007

(425) 643-8488

Email

2006 HTAI Seminars conducted:

Punong Guro Myrlino Hufana, seminars are like mini WFMAA events. He brings Grandmasters and Master together on a smaller scale than the official WFMAA event, to work with practitioners who attend bring their knowledge and skill to another degree of professionalism.

Punong Guro Myrlino Hufana at each seminar conducts, Laban Laro training which is a special training method, testing the practitioner's fighting and combative abilities - distance, reflex, coordination, timing, offensive, defensive, countering, and most importantly developing a heightened level of awareness through contact stick fighting. Laban Laro - stick fighting methods and training drills are combative applications, respecting the weapon, and showing the difference between reality movements vs. Hollywood. WFMAA Laban Laro Tournament (combative methods in a competition)

World Filipino Martial Arts Association Regional Seminar & Laban Laro Training

February 18, 2006

Location: HTAI Headquarter, Bellevue, Washington

Camp Instructor: Punong Guro Myrlino P. Hufana

Guest Instructor: Guro Chris Turla, LESKAS Seattle, WA.

Guro Chris Turla, taught striking methods, entry and countering methods as taught by Master Elmer Ybanez.

Punong Guro Hufana, taught Doble Baston, Crossada and Sinawali drills; daga a daga, knife flow drills, disarming and countering;; continuing he also taught Laban Laro for the upcoming WFMAA Event.

There was a traditional dinner gathering after the seminar.



**World Filipino Martial Arts Association
Regional Seminar & Laban Laro Training**

March 18, 2006

Location: CKI Academy, Las Vegas, Nevada
Camp Instructor: Punong Guro Myrlino P. Hufana, HTAI Bellevue, WA.
Guest Instructors: Master Ariel F. Mosses, MSI Las Vegas, NV.
Master Ed Goco Galang, CKI/Combat Escrima Las Vegas, NV.

Master Ariel F. Mosses, of the MSI Academy, Las Vegas, NV., taught disarming and countering, Manaois and Illustrisimo styles.

Master Ed Goco Galang, of the CKI Academy, Las Vegas NV., taught striking Combat Eskrima and JKD striking and countering methods

Punong Guro Hufana taught Solo Baston combination striking, locking / disarming, knife flow drills and disarming.

There was a traditional dinner gathering after the seminar.

MSI Manaois Systems International Seminar

March 25, 2006

Hosted by Punong Guro Myrlino P. Hufana, HTAI Headquarter

Location: HTAI Headquarter, Bellevue, WA.
Seminar Instructors: Grandmaster Conrad Manaois, MSI Los Angeles, CA.
Master Ariel F. Mosses, MSI Las Vegas, NV.

Grandmaster Conrad Manaois and Master Ariel F. Mosses, of Manaois System International, taught Manaois Sinawali, Cinco Teros - striking, disarming and Dumog.

There was a traditional dinner gathering after the seminar.



HTAI Arnis Spring Camp

April 8 - 9, 2006

Hosted by Sensei Jim Craig, Westside Martial Arts

Location: Westside Martial Arts, Portland, OR.

Camp Instructor: Punong Guro Myrlino P. Hufana, HTAI Bellevue, WA.

Punong Guro Hufana taught several Filipino martial arts combat ranges that definitely improved the practitioners' body movements, footwork, striking combinations, defensive and countering techniques.

Laban Laro Filipino Stick-Fighting was also being taught. Laban Laro training method enhanced the practitioners overall fighting abilities, taking self-defense and street fighting to the next level of reality.

HTAI Rank testing was also conducted on Sunday the 9th of April.



**World Filipino Martial Arts Association
Regional Seminar & Laban Laro Training**

April 29, 2006

Hosted by Grandmaster Conrad Manaois, MSI

Location: MSI Headquarter, Los Angeles, CA.

Seminar Instructor: Punong Guro Myrlino P. Hufana, HTAI Bellevue, WA.

Punong Guro Hufana taught double sticks, which lead to sinawali drills and applications, Mano Mano trapping drills and demonstrated and had the participants execute some Laban Laro drills.

**World Filipino Martial Arts Association
Regional Seminar & Laban Laro Training**

May 21, 2006

Hosted by Grandmaster Narrie Babao

Location: Cepeda-Abueg Martial Arts, San Diego, CA.

Seminar Instructors: Punong Guro Myrlino P. Hufana, HTAI Bellevue, WA.
Grandmaster Narrie Babao, Babao Arnis and Doce Pares

**San Diego Grand Internationals
&
World Filipino Martial Arts Association
Regional Seminar & Laban Laro Training**

May 20 & 21, 2006

IPAYONE Center

(Former San Diego Sports Arena)

Photos by: Bryson Kim

The Filipino Fighting Arts portion was held on the first day, and was coordinated by Master Narrie Babao.

The winner of the Grand Championship cup was June Gotico of Bahala Na team from Stockton, California, a student of Maestro Dexter Labonog.



Narrie Babao talks with the
Official Scorer of the stickfighting matches.

All of the Stickfighting Divisions were composed of one five-minute round. The winner is the first one to score twelve points, or the most accumulated points within the five minute round.

Punching and kicking were scored, as well as thrusting (sak-sak) with the stick.

The participating schools were; Bahala Na, Angel's Disciples, Babao Arnis Academy, Cepeda-Abueg Martial Arts, and Siete Pares. This is the second year that June Gotico is the Grand Champion.

World Filipino Martial Arts Association Regional Seminar

On the following day, Sunday, May 21st, the World Filipino Martial Arts Association Regional Seminar was held at the Cepeda-Abueg Martial Arts School, 6505 El Cajon Blvd. in San Diego.

Punong Guro Myrlino Hufana hosted the event. Attendees came from Atlanta, GA. Los Angeles, CA. Seattle, WA. San Diego, CA. and Arizona. Master Narrie Babao also presented knife fighting techniques and applications.



Master Babao in red shirt - Punong Guro Hufana on his right.



Babao-Arnis Academy
Email
www.babao-arnis.com

Cepeda-Abueg Martial Arts
6506 El Cajon Blvd
San Diego CA 92115
(619) 583-0753
Website

HTAI Arnis Summer Camp

June 17 - 18, 2006

Hosted by Guro Scott Brennan

Location: Brennan Property, Friday Harbor, Washington
Camp Instructor: Punong Guro Myrlino P. Hufana
Guest Instructors: Guro Scott Brennan, Lucay Lucay Kali
Guro John McCabe, MSI Washington

The entire training was done outdoors on the beautiful property of the Brennan Camp ground in Friday Harbor, Washington. Friday Harbor Island is located at the very northwestern tip of the USA. If you have never been to Friday Harbor, you are missing one of the best parts of living in the Pacific Northwest. The ferry ride alone is breathtaking!

Imagine training outdoors on an Island with some of the most dedicated and talented Filipino martial arts practitioners in the Pacific Northwest.

Hotel? What hotel. Practitioners brought their trailer or camping gear and pitched a tent. There was even a climbing wall for those enthusiasts. There were two Bar-B-Q pits for cooking their breakfast, lunch and dinners. Of course, there was always the restaurants in town for those who could not cook or did not desire to rough it to much..

All levels of experience and martial arts background were welcome! Laban Laro training was one of the camp's highlights. Laban Laro is a special training method, testing the practitioner's fighting and combative abilities - distance, reflex, coordination, timing, offensive, defensive, countering, and most importantly developing a heightened level of awareness through full contact stick-fighting.



MSI Manaois Systems International Seminar

October 29, 2006

Hosted by Punong Guro Myrlino P. Hufana, HTAI Headquarter

Location: HTAI Headquarter, Bellevue, WA.

Seminar Instructors: Grandmaster Conrad Manaois, MSI Los Angeles, CA.
Master Ariel F. Mosses, MSI Las Vegas, NV.

Grandmaster Manaois and Master Mosses taught knife drills, disarming, and some buno (joint locks). Taking the participants from one to another and then using a combination.

There was a traditional dinner gathering after the seminar.

ESKABO DA'AN Seminar

November 4, 2006

Hosted by Master Michael Morell

Location: ESKABO DA'AN Portland, OR.

Seminar Instructor: Grandmaster Robert Castro

****Only guest and demonstrated****

Eskabo Da'an Seminar

Portland, OR.

November 4 and 5, 2006

By Abby Sewell

Masters and students from other Filipino martial art systems in the Pacific Northwest participated along with the Eskabo Da'an practitioners. Master Mike Bowers of the Kombatan Martial Arts Academy in Portland attended, as did Punong Guro Myrlino P. Hufana, who traveled down with two students from the Bellevue Martial Arts Academy in Washington.



L - R: Master Mike Bowers and Grandmaster Rob Castro with Edwin Peregrino and Dave "Bubba" Devore of the Bellevue Martial Arts Academy.

The seminar, which began with a Friday night class, continued with an all-day session Saturday, covered stick and knife work as well as empty hands techniques. In particular, Grandmaster Castro focused on techniques that move from a serrada opening to a jujitsu-based lock or takedown.

Eskabo da'an is an art developed by Grandmaster Castro over the course of 30 years, after studying with grandmasters from a variety of systems. The Eskabo system blends eskrima, serrada, kali, arnis, boxing and jeet kune do.

At the end of the seminar, Punong Guro Hufana gave a brief talk and demonstration on the rules of combat at the annual **World Filipino Martial Arts Association** gatherings. Punong Guro Hufana founded the

WFMAA in 2003 with the hope of bringing more exposure to the Filipino martial arts by creating a forum for different systems to unite.

Grandmaster Castro professed his pleasure at seeing practitioners of different schools unite in the seminar.

“The last seminar in Portland was awesome, but they just get better because now we’re in the community,” Grandmaster Castro said “The eskrima schools in Washington and Oregon are trying to unite, and it’s great to teach students from other systems.”

Punong Guro Hufana agreed.

“The brotherhood here is great,” Hufana said. “We’ll probably have a stronger start (in future west coast Filipino martial arts events) because of the relationship of the Masters.”



Grand Master Rob Castro's dojo is located at 262 Maynard St, San Francisco, CA. (415) 585-9646. For more information, visit www.eskabodaan.org



Master Michael Morell's dojo is located at:
2005 SE 50th Ave. Portland, OR.
For more information, call (503) 239-1068
or Email portland_eskabo@yahoo.com

HTAI Arnis Fall Camp

November 18 - 19, 2006

Hosted by Punong Guro Myrlino P. Hufana

Location: HTAI Headquarter, Bellevue, WA.

Camp Instructor: Punong Guro Myrlino P. Hufana, HTAI

Guest Instructors: Punong Guro Steven K. Dowd, Arnis Balite Fallon, NV.
Guro Scott Brennan, Lucay Lucay Kali, Friday Harbor, WA.
Guro John McCabe, MSI, Moses Lake, WA.

Punong Guro Myrlino P. Hufana (HTAI) the founder and primary camp instructor. Had, as guest instructors Punong Guro Steven K. Dowd, Guro Scott Brennan and Guro John McCabe. Training was conducted in many areas of the Filipino martial arts. Laban Laro training was one of the camp's highlights. Laban Laro is a special training method, testing the practitioner's fighting and combative abilities - distance, reflex, coordination, timing, offensive, defensive, countering, and most importantly developing a heightened level of awareness through contact stick fighting.



Guro John McCabe of the Manaois Eskrima, Kali JuKune Do during the seminar trained the participants in Espada y Daga. His unique instruction took the participants through various concepts and drills bringing about realistic situations. Once the participants grasped the fundamentals, Guro McCabe had them work with other participants constantly changing partners. This led to understanding to concept to doing the techniques with others of different, heights, weights and physical characteristics.



Guro Scott P. Brennan of Lucay Kali / Jeet Kune Do worked with the daga using Kali Ilustrisimo and Kali sail hand, which he learned from Guro Lucay and Guro Inosanto. This consisted of techniques which had hint of Pentjak Silat, where the empty hand supported the knife hand in striking and blocking, which Guro Lucay referred to in supporting the daga where it is pushed, shoved, and dragged with two hands using various grips.



Punong Guro Steven Dowd presented the basic concepts of Arnis Balite. First going through Unday Salag (swing blocks), and Kalasag Salag (shield blocks), Pitong Hampas (7 strikes), Limang Patusok (5 thrusts). Then moving on to the angles of offense and defense and countering. Putting the basics together and moving onto the theory of Huli Lusob, Punong Guro Dowd then demonstrated the basic applications against the strikes and thrusts. The students then took the basic concepts of Huli Lusob and adapted them to their personality and physical abilities. Using the theory of Arnis Balite Huli Lusob, the participants trained, baston vs. baston, empty hand vs. baston, empty hand vs. double baston.



Punong Guro Myrlino Hufana instructed the participants in a Combination of Sinawali Drills (Single and Double Sinawali, Rodonda and Rodonda X-Movement, Reverse Sinawali and Reverse Rodonda). Focusing on transitions and applications. Solo Baston Disarming and Locking Techniques. Focusing on transition, countering options and applications. Laban Laro training was conducted, testing the practitioner's fighting and combative abilities - distance, reflex, coordination, timing, offensive, defensive, countering, and most importantly developing a heightened level of awareness through contact stick fighting.





Running the Gauntlet



Laban Laro Training



On Sunday Punong Guro Myrlino P. Hufana held a test for his students with instructors and participants invited to witness.

Presiding:

Punong Guro Myrlino P. Hufana, HTAI Founder & Grandmaster

Guro William S. Wright, HTAI Certified Instructor

Guest Instructors:

Punong Guro Steven K. Dowd

Guro Scott Brennan

(Guro John McCabe had to leave early)

Results:**Student Names:**

David B. DeVore

Paul A. Quinn

Edwin T. Peregrino

Kevin Koeppel

E.J. Sabiniano

James Carr

Jason Marks

Michael Hufana

Lizelle Hufana

Rob Devine

John Lising

Scott Germino

Benjamin Poaster

Brian Gardner

Promoted to the Following Rank:

Guro - Lakan Tatlo, Certified Instructor

Guro - Lakan Tatlo, Certified Instructor

Lakan Dalawa, Certified Instructor

Lakan Isa, Certified Assistant Instructor

Antas Walo, Advance Level

Antas Pito, Advance Level

Antas Anim, Intermediate Level

Antas Lima, Intermediate Level

Antas Lima, Intermediate Level

Antas Apat, Intermediate Level

Antas Apat, Intermediate Level

Antas Apat, Intermediate Level

Antas Apat, Intermediate Level

Antas Dalawa, Beginner Level





Punong Guro Hufana with his Guro's
Guro Wright, Guro DeVore, and Guro Quinn



Lakan Dalawa Peregrino



Lakan Isa Koeppel

About the Instructors

Grandmaster Conrad A. Manaois
Master Narrie Babao
Master Ed Goco Galang
Master Ariel F. Mosses
Punong Guro Steven Dowd
Guro Chris Turla
Guro Scott P. Brennan
Guro John E. McCabe

Manaois Systems International
Babao Arnis System
CKIUSA
MSI & Lameco SOG
Arnis Balite
Lema Scientific Kali Arnis System
Lucay Lucay Kali / Jeet Kune Do
Manaois Eskrima, Kali JuKune Do

Grandmaster Conrad Manaois

Manaois Systems International



Grandmaster Conrad A. Manaois was born November 1, 1940 in Santa Ines, Manaoag, Pangasinan, a region in Northern Philippines known for its rich heritage in family-based martial art systems. The Grandmaster's martial arts training began at the early age of 7. His early training was in Judo and Ju-jitsu. At age 11, the

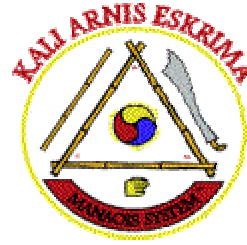
Grandmaster began his

training in Ninoy Cinco Teros Arnis (Five Strikes) under the tutelage of his father, Marcelino "Ninoy" Manaois. Ninoy Cinco Teros Arnis is a family system dating as far back as the Spanish occupation of the Philippines (circa early 1500s). It is a fighting system based on five angles of attack, and characterized by swift, deadly, continuous cutting motions. The Grandmaster's studies in Ninoy Cinco Teros Arnis focused on the use of solo baston (single stick), double baston (double stick), espada y daga (sword and dagger), buno (wrestling and grappling), and mano-mano (empty-hand combat). Through his studies, Grandmaster Manaois became highly skilled in close, medium, and long-range combat.

In November 30, 1969, the Grandmaster came to the United States and brought the Ninoy Cinco Teros Arnis System with him. In the mid-1980s, the Grandmaster revised the Ninoy Cinco Teros Arnis System out of his interest to make his fighting system adaptive and responsive to new threats. The end result was the Manaois Modern Eskrima System. Grandmaster currently resides in the historic Filipino town in Los Angeles, California.



Manaois Systems International
Martial Arts Academy
132 S Vermont
Los Angeles, CA 90004
(213) 385-3674



Manaois Systems International

Manaois Modern Eskrima System - a system based still on the concepts of economy of motion and continuous and fluid motion - but now more elaborated with 15 angles of attack. This system stems from Ninoy Cinco Teros Arnis, a family system dating as far back as the Spanish occupation of the Philippines.

Grandmaster Narrie Babao

Babao Arnis System



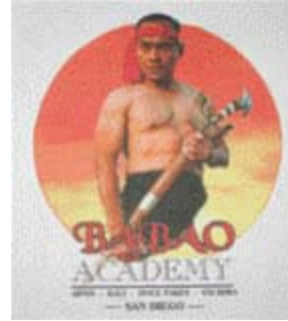
In November 1963 at the age of 18 years old, Master Narrie Babao reluctantly started his Arnis de Mano training under his father, the late Turing Babao. The style he learned was the Baston Batangas system, which his father learned from Master Ka Juan, a Katipunan rebel under General Miguel Malvar, during the Filipino-American war.

For two years, the father and son trained hard in Arnis. Twirling the rattan sticks was the only warm-up exercise. Their training consisted mainly of free-style sparring. Only after getting hit, would Master Babao learn the lesson for the day. His father would then methodically explain why he got hit in that particular area. Master Babao described the training as the school of hard knocks, and he resented being on the receiving end. His father was precise in controlling his strikes to the head and body, but accidental hits to the knuckles were unavoidable.

Through out the years, Master Babao continued his training in the Filipino martial arts. His training included Kuntaw in which he received 4th degree from Grandmaster Lanada: July 1978. He was promoted; as Kali Guro by Grandmaster Floro Villabrille and Grandmaster Ben Largusa. In 1984, Grandmaster Yoling Canete, Grandmaster Cacoy Canete, and Grandmaster Diony Canete promoted him to 4th grade Black Belt. In 1996, Grandmaster Cacoy conferred on Narrie Babao the rank of 6th Grade Master of Eskrima. And in October 25, 1997, Grandmaster Cacoy Canete once again promoted Narrie to 8th Grade Master.

Like the three sides of the triangle, the Babao Arnis system is composed of three main fighting systems: Villabrille-Largusa Kali, Grandmaster Cacoy's Eskrido-Pangamot, and the original Baston Batangas taught by Turing Babao.

Babao-Arnis Academy
1143 Antoine Dr.
San Diego, CA. 92139
Email



www.babao-arnis.com

Master Ed Goco Galang

CKIUSA

Every boy's father is an inspiration to him in one way or another, this was no exception with Ed Galang. Watching his father workout every morning before going about his duties in the military. Ed's first experience with any fighting art was of course with his father in which he learned the basics of boxing, judo and escrima at the age of 6 years old. His formal training did not actually start until he was 8 years of age where he started as a student with Epifanio Perez 7th degree in the art of Maharlika Kuntaw in Butuan City, Philippines.



As Master Ed Galang grew up and before leaving the Philippines he also studied Doce Pares, Balintawak, and Shaolin Kung Fu (Wing Chun system). With this knowledge he combined the Filipino arts that he had learned with the Chinese martial arts he had studied and in this created his teaching of Chinese Kickboxing/Filipino Combat Escrima.

Leaving the Philippines in 1983 and going to Saudi Arabia until 1988 and then traveling to Chicago, Illinois where he resided for 10 years, until he finally settled in Las Vegas, Nevada.

While in the United States he was intrigued with the philosophies of Bruce Lee and studied under the late Sifu Ted Lucay Lucay, Sifu Lamar Davis II, Sifu Jessie Glover and Professor Gary Dill. With this added knowledge he combined it with what he was teaching which has complimented and works in unison to create the art he promotes today, which is Chinese Kickboxing/Filipino Combat Escrima.

At this time Master Ed Galang Founder/Director of the Chinese Kickboxing International, Chicago, USA, formerly known as the Chinese Kung Fu Club, which originated in Makati and Butuan City, Philippines has four chapters located in Saudi Arabia, Sweden, Bangladesh and Philippines. His headquarters are located in Las Vegas, Nevada, USA.

What is Filipino Combat Escrima? Master Ed Galang ultimately synthesized important aspects from Kali/Escrima and Arnis de Mano using modified forms of Balintawak and Doce Pares styles, which he called "Combat Escrima Style". Attended

advance seminar under Grandmaster A. Lanada and Grandmaster Jun Canete, both known as the Father of Arnis in the Philippines.

Some of Master Ed Goco Galang's accomplishments over the years are:

- Black Belt in Filipino Kuntaw, certified and expert in Filipino Arnis under 7th Degree Black Belt Epifanio Perez (Maharlika Kuntaw Ng Pilipinas).
- Former Asian Kung-Fu Champion 1975 - Bantamweight division. Participated and promoted many Regional and National Martial Arts Tournaments Worldwide.
- Former member of the Philippine Karate-Do Federation under Philippine Olympic Committee and Philippine Sports Commission.
- Master of Wing Chun Gung Fu under Grand Master Chang Tu (Taoist Temple, Philippines).
- Eighth Degree Black Belt duly recognized and certified instructor of the World Kickboxing Council (W.K.C.).
- Certified Full Instructor of the World Jeet Kune Do Federation (Jun Fan Jeet Kune Do) under Professor Carter Hargrave.
- Chinese Kickboxing International USA (CKIUSA) a leading martial arts institution founded by Master Ed Goco Galang.
- Under the leadership of Master Ed Galang, CKIUSA produced 103 highly certified Black Belts, 12 National Champions, 62 Regional Champions and has over 1,000 members worldwide.

Chinese Kickboxing International USA



The CKIUSA style combines the most important aspects of Filipino Kali/Escrima and Arnis de Mano, using modified forms of Balintawak and Doce Pares Escrima, which is called "Filipino Combat Escrima" style. With his highly combative and functional martial arts, Master Ed Galang has trained the Philippine Marine Corps Special Forces, Philippine National Police Commission (NAPOLCOM), Secret Service of the Royal Family in Saudi Arabia, Diplomats in Riyadh under the Diplomatic Quarter Commission. He was also contracted to train selected Elite Special Officers of the Department of Homeland Security.

Currently in Las Vegas Master Ed Galang teaches some of the law enforcement personal, the following is what Bill Garness a former Las Vegas Police officer and firearms and defensive tactics instructor for LVMPD, had to say about the CKIUSA.

“At the Chinese Kickboxing and Filipino Combat Escrima they focus on every aspect of fighting from long range, medium range, close quarter combat, grappling, stick fighting and knife fighting. The movements are short, swift and to the point. They do not have any katas or preformed movements; they train off a flow, which if you sit and think about that it's exactly how a street fight happens. Since I have been or for those that are currently in Law enforcement realistic street survival knowledge is brought to the student. Ask anyone who has been in a street fight its a lot different than a tournament fight. There are no rules. Some students are trained different than others because of there profession. Law enforcement and security officers try to stay within the department rules

and regulations. For example if the strike 1 is to the temple they will train the officers to strike the shoulder, which in most departments is a green zone. The reason they do this is because of muscle memory. Any time you are in a stressful situation you will always resort back to your training and trust me when a cop puts on that badge he is going to be put in that situation sometime in his career. The verbal training is geared toward the officers' exact verbiage that their departments want them to use to justify their escalation of force. Officers are taught to say "let me see your hands", "Drop the knife", etc before they escalate to deadly force. To do this type of training you have to know what the departments are looking for and realize that the officer you are teaching will resort back to his or hers training and will you as an instructor be prepared to defend your training techniques in a court of law".



**CKI Jeet Kune Do
&
Filipino Combat Escrima International**
730 W. Sunset Blvd.
Las Vegas, Nevada
(702) 234-3189
Email

Master Ariel F. Mosses
MSI & Lameco SOG

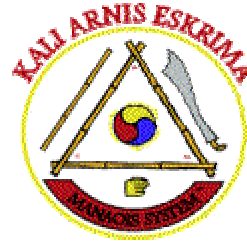
Master Mosses is the Vice President and Chief Instructor of Manaois Systems International (MSI), Director and Chief Instructor of "Ninoy" Cinco Teros Arnis, Director and Co-Founder of Mandirigma Brotherhood International (MBI), and a member of Kapisanang Mandirigma.

Master Mosses' training began in "Ninoy" Cinco Teros under the tutelage of Grandmaster Conrad Manaois in 1979 to present day. Between 1986 to 1988, he had trained under Grandmaster Henry Bio of Sikaran Arnis. And from 1991 to 1997, through the introduction of his cousin and training partner Guro Dino Flores, he trained under Punong Guro Edgar Sulite of Lameco Escrima. It was also through Punong Guro Sulite that Master Mosses' training included Eskrima de Campo - originally developed by Grandmaster Jose D. Caballero and also Kalis Ilustrisimo - developed by Grandmaster Antonio "Tatang" Ilustrisimo.

Master Mosses' extensive background in the Filipino Martial Arts and his association of some of the most recognized names within the FMA community is only matched by his skills and passion for the art. As a true warrior, he shares the hunger to find the real testing ground of the art of combat. He also has 10 years of law enforcement background.



Manaois Systems International
Martial Arts Academy
8450 W. Sahara, Suite 112
Las Vegas, NV 89117
(702) 325-9876



Punong Guro Steven Dowd

Arnis Balite



Commencing his training with Pundador Manuel Aguillon, of San Antonio, Zambales, Philippines in 1975. Punong Guro Steven Dowd was appointed by the Aguillon family upon their fathers passing away on January 8, 1991 to represent the family art known as Aguillon Arnis. In 1998 in talking with the son and daughters of Pundador Aguillon it was proposed and accepted that the family art would use the name of Arnis Balite their father's nickname while he was a Champion Boxer, was Kid Balite.

Visiting the Philippines in 2004 for a visit with the Aguillon family it was learned that the other instructors that were personally taught by their father have passed away during the years. And he is the only original student left that was taught by their father Pundador Manuel Aguillon.

Being his senior student Punong Guro Dowd wishes to carry on his beliefs and the art as he would have done so himself. Pundador Manuel M. Aguillon was very selective in his teachings and often refused to teach individuals who did not have the attitude, discipline, or the spirit to represent his family's art.

Punong Guro Dowd also studies the art of Kuntaw, while in the U.S. Navy stationed at the Naval Communication Station, San Miguel, Philippines. A couple of years later being reassigned to The Correctional Facility in Subic Bay, Olongapo, Punong Guro Dowd was able to study Kuntaw with the Grandmaster himself Carlito A. Lanada.

Punong Guro has served Kuntaw in many administrative aspects to date. In 1979 he was appointed as Kuntaw ng Pilipinas U.S. Director, 1977 - 1980, U.S. Director of the International Kuntaw Federation, 1980 - 1993, President of the International Kuntaw Federation, and finally in 1995 a personal Advisor to the Grandmaster himself. Punong Guro Dowd has had articles published in Inside Kung Fu magazine, Journal of Asian Martial Arts, Filipino Martial Arts magazine, World of Martial Arts magazine, Budo International (French



www.arnisbalite.com

magazine), Rapid Journal (Philippine magazine), and El-Juramentado (German magazine). He has also authored many books on Kuntaw, and Arnis Balite. And is the Owner/Publisher of the FMA Digest.

Guro Chris Turla

Lema Scientific Kali Arnis System



www.leskas.com

LESKAS is a Filipino martial art that focuses on practical self-defense, and was founded by Maestro Elmer Ybanez. LESKAS is the sister organization of Lightning Scientific Arnis International.

Christopher Turla met Maestro Ybanez in Seattle, at a seminar hosted by Flor Villabril who was bringing the Filipino martial artists of the area together to introduce them to the Seattle community. It was at this seminar that Christopher met Maestro Ybanez and Jun Lema the son of Grandmaster Benjamin Lema.

This marked the beginning of Christopher's future with LESKAS. Training in the backyard as many Filipino martial arts practitioners did in the late 80's. Within a year others joined the backyard training, Joseph Gabriel, Ryan Green and Bob Park senior students at present were among the original group that first year. LESKAS has spread to Houston, Texas with Leo Quilation who is the first cousin to Manolo Del Risario, who was also a senior student of Maestro Ybanez. And in Michigan, Carlo Lamagna carries on the teachings of Maestro Ybanez.

The overall goal of the seniors of LESKAS is to maintain the standards and teachings of Maestro Ybanez, this being done with the seniors checking each other and working together in unison and maintaining a tight bond with the family here and in the Philippines.



Christopher Turla and Edwin Ybanez

Classes are held in the Ballard/Crown Hill neighborhood of Seattle.

The address is:
[Ballard/Crown Hill neighborhood]
1475 NW 85th St.
Seattle, WA 98155

The current head LESKAS/LSAI UP is Tom Lester Ybanez with the help of the Board of Members, which was established by Grandmaster Ybanez himself, and his

brother, Judge Elihu Ybanez. **LESKAS** Seattle is the sister organization of LESKAS/LSAI UP. It is run by Grandmaster Ybanez's Senior Students:

LESKAS website: **www.leskas.com**

For **LESKAS** Seattle class times, locations, and seminar information, please contact: Chris Turla [**Click Here**]

Guro Scott P. Brennan

Lucay Lucay Kali / Jeet Kune Do

(Arian Drake, No1 Student assists in pictures)



Friday Harbor is located on a chain of islands off the coast of Washington. There are 172 islands in this chain, with at least 70 of them with homes and people living on them. There are four main islands, Lopez Island, Orcas Island, Shaw Island, and San Juan Island where Friday Harbor is located. This is where Guro Scott Brennan lives and teaches the arts of Lucaylucay Kali and Jeet Kune Do.

Scott Brennan started his martial arts training in the late 70's in Anaheim, California in Northern Shaolin Kung Fu under Sifu Chang. These classes are also where he met his wife, Leslie. Scott and his future wife at the time had a common desire to learn weaponry, but found that until they obtained a certain rank this was not going to happen. Certain weapons were only taught to certain ranks.

As time passed they found out about a weeklong Kali seminar taught by Guro Dan Inosanto. They decided to take the seminar and experience another aspect of the martial arts. Upon completion of the seminar Scott and his wife Leslie were hooked on the Filipino martial arts. Now Guro Inosanto's school was a couple of hours drive from them and this was on a good day of L.A. traffic. The only other Filipino Martial Arts school in the area was run by Guro Teodoro Lucaylucay (or Guro Ted, as he preferred to be called) and it was within driving distance.

Never having met him they visited the school to observe a class. They were immediately impressed with the friendliness, openness and sharing attitude of the instructors and students. This was very different from what they had experienced from past martial arts training. They were use to the Chinese system, which was really a different training atmosphere, very formal, and not being taught certain things until one reached certain ranks.

Scott's wife, Leslie, was also impressed with the art, but what actually got her hooked was that Guro Ted's wife, Guro Tania, was an active instructor helping to teach classes. She was the only certified female Kali/Jeet Kune Do instructor, under Guro Inosanto, at that time. Guro Tania brought a unique female perspective to classes, which was appreciated by male and female students, alike.



Guro Teodoro Lucaylucay
Guro Tania Lucaylucay



Guro Ted and Guro Tania loved to teach and share. If a student showed up early or stayed late, Guro Ted was willing to train with him. If a motivated student came by on a non-class day and Guro Ted was there he would work out and train with the student. With this attitude, Scott and Leslie were able to get a lot of training in a very short time, for they were very enthusiastic in learning the art and continuing to grow and their attitude is still the same today.

Guro Scott enjoys the fluidity of motion in the art of Lucaylucay Kali/JKD and how every movement works into something else. (Example - in executing a movement and the opponent blocks your execution, with a simple movement you work the execution into another movement), a constant solution to change.



Guro Ted's classes consisted of Western boxing and kickboxing, Muay Thai, Wing Chun and all aspects of the Filipino Martial arts, swords, sticks, knives, pocket sticks, flexible weapons, empty hands, trapping and grappling. Guro Ted believed that all effective martial arts work on the same principles and the combative aspects of all these arts could be blended into a smooth flow.



Guro Scott Brennan and his wife Leslie doing a knife demo for the Asian Pacific Festival in 1986.

Balisong opening techniques, single and double knife fighting techniques, flow drills, empty hand against knife, targeting and live blade cutting training. These tapes are still successfully on the market after 20 years, thru Century martial supplies.

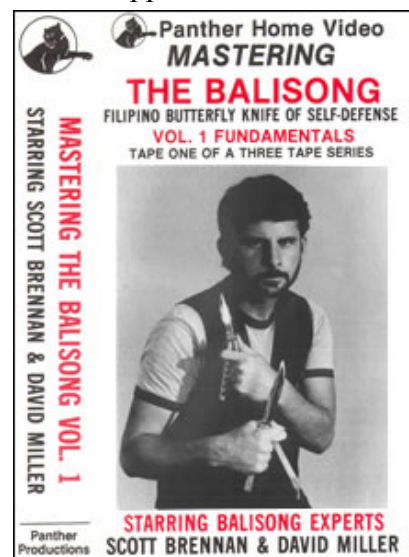
Guro Scott currently teaches to a small select group of private students at his home studio. He also teaches 'off-island' seminars for various schools and groups. One of his favorites is the H.T.A.I. group led by Punong Guro Myrlino Hufana. Guro Scott feels they come the closest to Guro Ted's open and sharing attitude.

For the last 18 years Guro Scott's day job has been with the San Juan County Sheriff's Department. He has been the department Defensive Tactics Instructor for that time and is certified by the state in empty hands, impact weapons, defensive knife and aerosol weapons. This has allowed Guro Scott the opportunity for a lot of 'hands on training' and led to what he feels is a very 'reality based' curriculum for his classes.

Guro Scott's hobby business is Brennan's Blades, where he handcrafts aluminum-training weapons of all size and description. He specializes in life size Filipino blades, kris, kalis, barong, bolo, kampilan, pira and copies of commonly used 'tactical folders'. Guro Scott will try almost anything from fantasy blades to experimental blade shapes...but it is a 'hobby business' so you're on his schedule.

Guro Scott lives on 5 acres of land where he has a pond, climbing wall, camping area, pistol range and indoor gym. Punong Guro Hufana's H.T.A.I. summer camp has been held there regularly and Guro Scott welcomes other interested groups who would like to use the facility. Of course, this is with the understanding that Guro Scott gets to participate and play in the training offered.

Guro Scott and Guro Leslie received permission to teach Lucaylucay Kali/Jeet Kune Do from Guro Ted in 1986. This was also the year that Guro Scott and Guro Leslie moved to the San Juan Islands for a better lifestyle for their family. This was also the year that Guro Scott was the featured artist in the series of 3 Balisong Tapes for Panther Productions. These tapes had Guro Scott showing single and double



Brennan's Filipino Martial Arts
P.O. Box 2331
Friday Harbor, Washington 98250
(360) 378-9732
Email

Guro John E. McCabe
Manaois Eskrima, Kali JuKune Do

Living in Moses Lake, Washington, a young John McCabe did not have many choices for martial arts, so he commenced his training with Tae Kwon Do which was located nearby in George, Washington, and about a year later the school moved to Quincy, Washington and John went right along to continue to train. John McCabe attained the rank of 2nd degree black belt, which put him on level before his instructor.

At that time John looked around for another martial art to continue to gain knowledge and improve his skills. His thoughts were to continue with Wing Chun, which was being taught by Sifu Johnson, but unfortunately he was not able to locate him.

During his search a friend suggested and gave John the phone number of Master Ariel Mosses of Manaois Eskrima. Contacting Master Mosses, John had a lengthy discussion with him and commenced his training in Manaois Eskrima, Kali JuKune Do. John McCabe never left since commencing his training eleven years ago and has been training and now is instructing the art of Manaois Eskrima, Kali JuKune Do.



When Master Mosses left Moses Lake to live in Las Vegas, Nevada and open a school there, Guro John McCabe continued the operation of the Manaois Eskrima, Kali JuKune Do School in Moses Lake, Washington.

What Guro McCabe has found in the Manaois system that has dedicated him is the validity, the strong brotherhood within the art and its practitioners. One of the areas of the art that Guro McCabe points out that is especially interesting and motivating is the sparring aspect of the art for once the basics are known and adapted physically and mentally it greatly brings reality to sparring not just as a sport but also in reality. Not using a lot of padding just head and hand gear, when him and his students spar it is a hit do not get hit philosophy.



During Guro McCabe's training under Master Mosses he also gained knowledge of Lameco and Kali Ilustrisimo. Guro also trains his students in drills and philosophies of these arts, but does not claim to be a representative of them and does not promote any kind of ranking in Lameco or Kali Ilustrisimo, but shares his knowledge.

Guro McCabe travels to Las Vegas, Nevada to visit and train with Master Mosses a minimum of three times a year and then Master Mosses and him travel to Los Angeles, California to continue training with Grandmaster Manaois. This is to continuously maintain and build his skills in the Manaois style.

Guro Jon McCabe when teaching is like putting paint on the wall, as he likes to say. He demonstrates the technique pointing out the basic concept and high points of the execution, and then once the student has obtained this he fine-tunes the technique with the student. Concentrating on the smaller aspects of the technique concerning footwork and proper angles.

Guro John McCabe can be contacted for seminars in Espada y Daga, single and double baston and daga training.

MSI
216 W. Broadway
Moses Lake, WA. 98837
Email





www.worldfma.com

The association is built upon trust, respect, honor, unity, loyalty and dedication to the development of a stronger Filipino Martial Arts community throughout the world.

In the year 2000 Punong Guro Hufana was invited to a seminar in Vancouver, Canada, at this seminar was Grandmaster Bobby Taboada of **Balintawak Arnis Escrima**.

Automatically it seemed Punong Guro and Grandmaster Taboada became

friends, what was in common other than the Filipino martial arts was both were close friends with Grandmaster Remy Presas.

Along with Grandmaster Taboada were some of his top instructors like Grandmaster and Head Instructor Jorge V. Penafiel of the **Cincinnati Balintawak Club** and others. In a discussion with Grandmaster Taboada and other instructors present, a discussion came up about the various Filipino martial arts styles that are throughout the world and how it seemed that all do not really get along.

Punong Guro Hufana thought about this and said maybe he could put something together which would maybe bring the Filipino martial arts together in a brotherhood to demonstrate, teach, and promote their art no matter what Organization, Federation, or Association they belonged too. All agreed that this was a great idea and since Punong Guro's seminars were growing in popularity that this was the man that might be able to do it.

So it was Punong Guro Hufana agreed and started to plan the event, maintaining that it originally was just going to be held in the North West. Wanting to bring this in a sizeable scale, which would be a remarkable and noted event, he wanted to get at least twelve Grandmasters or Masters, so it was going to have to be a 2-day event. Being this was historical with the best of the Filipino martial arts together he wanted a festival atmosphere, so he planned a casual dinner the first night bring all together and a banquet on the second night to recognize the brotherhood and give recognition to the instructors that were responsible for this event.

Still not satisfied and feeling a missing part, Punong Guro planned on the third day to have a tournament Laban Laro Championship, where participants could demonstrate their skills and yet gain knowledge of other styles and systems and end the day in friendship.

Punong Guro in having this events tries each year to bring one or two Grandmasters or Masters from the Philippines.

Punong Guro Hufana has held **WFMAA Expo & Laban Laro** for 4 years and the following is who has assembled and shared their knowledge and skills with participants that have attended.

**1st Annual World Filipino Martial Arts Association Expo & Laban Laro
2003**



Embassy Suites Hotel, Bellevue, Washington

Grandmaster Ramiro U. Estalilla - Estalilla Kabaroan Eskrima
Grandmaster Bobby Taboada - Balintawak Arnis Cuentada System
Professor Max Pallen - Senkotiros, Pallen's Martial Arts
Grandmaster Conrad Manaois - Manaois Systems International
Ama Maestro Bernardo F. Salinas - Sinkatan Arnis Estrella
Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)
Maestro Elmer Ybanez - Lema Scientific Kali Arnis System (LESKAS)
Maestro Jorge V. Penafiel - Balintawak Arnis Cuentada System
Master Ariel F. Mosses - MSI, Lameco SOG
Guro "Bud" Balani - Kapisanang Mandirigma, Lameco SOG
Guro "Dino" Flores - Kapisanang Mandirigma, Lameco SOG
Guro Pedro Israel - International Martial Arts & Boxing

**2nd Annual World Filipino Martial Arts Association Expo & Laban Laro
2004**



The Palms Casino & Resort Hotel, Las Vegas, Nevada

Grandmaster Ramiro U. Estalilla - Estalilla Kabaroan Eskrima

Tuhon Gaudiosa Ruby - Comjuka-Kali
 Grandmaster Conrad Manaois - Manaois Systems International
 Ama Guro Rufino "Raffy" Pambuan - Pambuan Arnis Tulisan Caballero
 Grandmaster Roland Dantes - Modern Arnis, Manila, Philippines
 Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)
 Amang Guro Vic Ferrer - Mano Mano Sikaran Arnis
 Master Ariel F. Mosses - MSI, Lameco SOG
 Master Ed Goco Galang - Filipino Combat Escrima, CKI
 Master Christopher Ricketts - Bakbakan International
 Master Reynaldo S. Galang & Guro John Jacobo - Bakbakan International
 Guro Dino Flores & Guro Bud Balani - Kapisanang Mandirigma, Lameco SOG
 Guro Pedro Israel - International Martial Arts & Boxing (IMB Seattle)
 Guro Christopher Turla - LESKAS of Seattle
 Grandmaster Bobby Taboada - Balintawak Arnis Cuentada System
 Maestro Jorge V. Penafiel - Balintawak Arnis Cuentada System
 Punong Guro T. Jon Cuenca - Ocho Kantos Kali

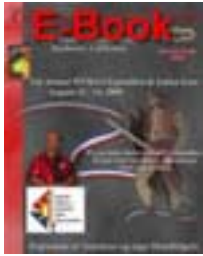
3rd Annual World Filipino Martial Arts Association Expo & Laban Laro 2005



Coast Anaheim Hotel, Anaheim, California

Grandmaster Ramiro U. Estalilla - Estalilla Kabaroan Eskrima
 Grandmaster Conrad Manaois - Manaois Systems International
 Grandmaster Narrie Babao - Babao Arnis
 Gat Puno Abon "Garimot" Baet - Garimot
 Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)
 Amang Guro Vic Ferrer - Mano Mano Sikaran Arnis
 Master Ariel Flores Mosses - MSI, Lameco SOG
 Master Ed Goco Galang - Filipino Combat Escrima, CKI
 Punong Guro T. Jon Cuenca - Ocho Kantos Kali
 Guro Alex Ercia - Kombatan (Ernesto Presas Style)
 Guro Roger Agbulos - Agos Kali, Lameco
 Dayang Edessa Ramos - IMAFP, Switzerland
 Master Bram Frank - IMAFP, USA

Read about the 3rd Annual WFMAA



[Click Here](#)



[Click Here](#)

4th Annual World Filipino Martial Arts Association Expo & Laban Laro 2006



Palace Station Hotel & Casino, Las Vegas, Nevada

Grandmaster Jerson "Nene" Tortal - Dekiti Tirsia Siradas
Grandmaster Bobby Taboada - World Balintawak
Grandmaster Roland Dantes - Combined Open Style, Modern Arnis
Grandmaster Rene Latosa - Latosa Escrima & Concepts
Master Christopher "Topher" Ricketts - Kali Ilustrisimo/Bakbakan
Datu Tim Hartman - The World Modern Arnis Alliance
Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)
Punong Guro Steven K. Dowd - Arnis Balite

Read about the 4th Annual WFMAA



[Click Here](#)



[Click Here](#)

5th Annual World Filipino Martial Arts Association Expo & Laban Laro 2007

October
Bellevue, Washington

Who will be the Grandmaster/Masters who will share their knowledge and skills?
Check often the WFMAA Website - **www.worldfma.com**

HTAI Visits the Philippines

Punong Guro Hufana and students of the HTAI visited the Philippines. This could lead to a future WFMAA event in the Philippines.





Meeting of Grandmasters and Masters on the first night.



Senator Ginggoy Estrada welcomes Team HTAI



Senator Lito Lapid welcomes Team HTAI.
Also present were Grandmaster Roland Dantes, Grandmaster Vic Sanchez, Grandmaster Rodel Dagooc, Grandmaster Pepito Robas, Grandmaster Jerry de la Cruz, and UN Representative Leo Van Vogel.



Senator Lito Lapid
Philippine House of Senate



Engineer Diaz and Senior Master Bambit Dulay



Punong Guro Hufana, Grandmaster Maranga and Master Dominguez



Punong Guro Hufana, Edwin Peregrino, and Guro 'Bot' Jocano a Professor at UP



Punong Guro Hufana in discussion with Grandmaster Vincente Sanchez



Punong Guro Hufana and Senior Master Rodel Dagooc



Guro Bot Jocano and the LESKAS U.P. Team



Special demonstration by the 5 original Masters of Professor Remy A. Presas.
Hosted by Master Rey Dominguez and PNP.



Arriving in Cebu



Grandmaster Nene Tortal and
Master Jerry Evangelisan
Dekiti Tirsia Siradas



Grandmaster Ondo Caburnay, Abanico Lapunti



Grandmaster Bert Labaniego



Dinner with Grandmaster Dioniso Canete

23rd South East Asian GAMES, hosted by the Philippines!



ARNIS to debut at the 23rd SEAGAMES!

Learn more about the 23rd Sea Games



[Click Here](#)



[Click Here](#)

1st World Invitational Kali Arnis Eskrima Tournament



1st World Invitational Kali Arnis Eskrima Opening Ceremony with GM Epifanio "Yuli" Romo.



1st World Invitational Kali Arnis Eskrima Tournament
PNP Headquarters



1st World Invitational Kali Arnis Eskrima
Tournament Officials



Enthusiastic, Artistic and Dynamic
Grandmaster Yuli Romo



Baguio Arnis Kali Team



Presentation of the tournament champions

Lastly if you visit the Philippines do not forget



Jollibee Restaurant in Manila.



Try and enjoy Balut!



WFMAA Expo & Laban Laro Videos

To Order
[Click Here](#)



Action footage of the Masters Seminar Series and the Laban Laro Championships are captured in these exciting and non-stop action videos.

You can now purchase your own piece of the WFMAA history! Regardless if you were there in the midst of the action or in the sidelines looking in, these videos are a great addition to your special collection of FMA videos. See the Masters present their style of Filipino Combative Arts. Watch the Players vie for the prestigious honor of WFMAA Laban Laro Champion. Of course, these videos will never replace the "live actions" and "real experiences"

of the entire event. Nevertheless, these videos are excellent references for the serious FMA practitioners. Enjoy!

August 4 - 6, 2006 - Palace Station Hotel & Casino, Las Vegas, Nevada

Featured Instructors

Grandmaster Jerson "Nene" Tortal - Dekiti Tirsia Siradas
Grandmaster Bobby Taboada - World Balintawak
Grandmaster Roland Dantes - Combined Open Style, Modern Arnis
Grandmaster Rene Latosa - Latosa Escrima & Concepts
Master Christopher "Topher" Ricketts - Kali Ilustrisimo/Bakbakan
Datu Tim Hartman - The World Modern Arnis Alliance
Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)
Punong Guro Steven K. Dowd - Arnis Balite

August 12 - 14, 2005 - The Coast Anaheim Hotel, Anaheim, California

Featured Instructors

Grandmaster Ramiro U. Estalilla - Estalilla Kabaroan Eskrima
Grandmaster Conrad Manaois - Manaois Systems International
Grandmaster Narrie Babao - Babao Arnis
Gat Puno Abon "Garimot" Baet - Garimot
Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)
Amang Guro Vic Ferrer - Mano Mano Sikaran Arnis
Master Ariel Flores Mosses - MSI, Lameco SOG
Master Ed Goco Galang - Filipino Combat Escrima, CKI
Punong Guro T. Jon Cuenca - Ocho Kantos Kali
Guro Alex Ercia - Kombatan (Ernesto Presas Style)
Guro Roger Agbulos - Agos Kali, Lameco
Dayang Edessa Ramos - IMAFP, Switzerland
Master Bram Frank - IMAFP, USA

2005 WFMAA DVD \$65.00 (+ \$5 shipping)

(Regular \$80 + shipping)

October 1 - 3, 2004 - The Palms Casino & Resort Hotel, Las Vegas, Nevada

Featured Instructors

Grandmaster Ramiro U. Estalilla - Estalilla Kabaroan Eskrima

Tuhon Gaudiosa Ruby - Comjuka-Kali

Grandmaster Conrad Manaois - Manaois Systems International

Ama Guro Rufino "Raffy" Pambuan - Pambuan Arnis Tulisan Caballero

Grandmaster Roland Dantes - Modern Arnis, Manila, Philippines

Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)

Amang Guro Vic Ferrer - Mano Mano Sikaran Arnis

Master Ariel F. Mosses - MSI, Lameco SOG

Master Ed Goco Galang - Filipino Combat Escrima, CKI

Master Christopher Ricketts - Bakbakan International

Master Reynaldo S. Galang & Guro John Jacobo - Bakbakan International

Guro Dino Flores & Guro Bud Balani - Kapisanang Mandirigma, Lameco SOG

Guro Pedro Israel - International Martial Arts & Boxing (IMB Seattle)

Guro Christopher Turla - LESKAS of Seattle

Due to missing video clips, the following instructors were not included in this video.

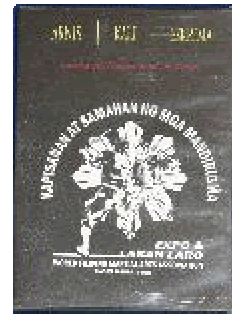
Grandmaster Bobby Taboada - Balintawak Arnis Cuentada System

Maestro Jorge V. Penafiel - Balintawak Arnis Cuentada System

Punong Guro T. Jon Cuenca - Ocho Kantos Kali

2004 WFMA DVD \$40.00 (+ \$5 shipping)

(Regular \$45 + shipping)



September 2003 - The Embassy Suites Hotel, Bellevue, Washington

Featured Instructors

Grandmaster Ramiro U. Estalilla - Estalilla Kabaroan Eskrima

Grandmaster Bobby Taboada - Balintawak Arnis Cuentada System

Professor Max Pallen - Senkotiros, Pallen's Martial Arts

Grandmaster Conrad Manaois - Manaois Systems International

Ama Maestro Bernardo F. Salinas - Sinkatan Arnis Estrella

Punong Guro Myrlino P. Hufana - Hufana Traditional Arnis (HTAI)

Maestro Elmer Ybanez - Lema Scientific Kali Arnis System (LESKAS)

Maestro Jorge V. Penafiel - Balintawak Arnis Cuentada System

Master Ariel F. Mosses - MSI, Lameco SOG

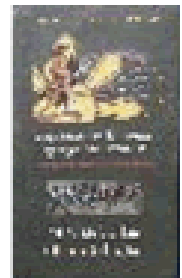
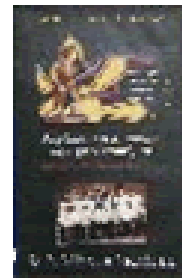
Guro "Bud" Balani - Kapisanang Mandirigma, Lameco SOG

Guro "Dino" Flores - Kapisanang Mandirigma, Lameco SOG

Guro Pedro Israel - International Martial Arts & Boxing

2003 WFMA VHS - \$45.00 (+ \$5 shipping)

(Regular \$65 + shipping)





Brennan Blades

By Guro Scott Brennan

P.O. Box 2331

Friday Harbor, Washington 98250

(360) 378-9732

Email

Friday Harbor, Washington USA

Excellent Custom Training Blades! Modern or Classical, it doesn't matter Guro Scott can duplicate, your blade. Excellent craftsmanship and durability!



Guro Scott Brennan and Brennan Blades



The Hufana Family
Michael, Lizelle, Tess, and Punong Guro Myrlino P. Hufana



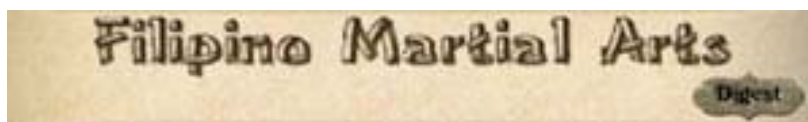
Hufana Traditional Arnis (HTAI) Crew



Rapid Journal



Maharlika-Enterprises



Filipino Martial Arts Digest

**Register your FMA School
Post your Event**

Advertise with the FMAdigest

An Ad in the Filipino Martial Arts Digest can create Business. Your Advertisement for Filipino martial arts equipment, books, videos etc, can be included in the Filipino Martial Arts digest.

Website Advertisement - Free

Subscribers Online {e-book} digest - \$5 per Issue

**Website Application
Hard Copy Application**