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The FMAdigest is published quarterly. Each issue features practitioners of martial arts and other internal arts of the Philippines. Other features include historical, theoretical and technical articles; reflections, Filipino martial arts, healing arts and other related subjects.

The ideas and opinions expressed in this digest are those of the authors or instructors being interviewed and are not necessarily the views of the publisher or editor.

We solicit comments and/or suggestions. Articles are also welcome.

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From the Publishers Desk

Kumusta

The 1st National Filipino Martial Arts Festival was a gathering of practitioners that turned out to be a brotherhood and a demonstration of how the arts can come together and promote the culture and history of the Philippines.

The FMAdigest really has to thank Master Bambit Dulay in coordinating this issue. With the outstanding people and practitioners such as Peachie Baron-Saguin, Tony Aguirre, Abner Anievas (IMAF Hong Kong), and Michael Gubat who has labored and produced some memorable videos which documents this great event.

Some can look on this as prelude to the World Filipino Martial Arts Festival III on July 2006. However, on its own the 1st National Filipino Martial Arts Festival stands alone in demonstrating where the Filipino Martial Arts originated where all can come together in friendship and share their arts with others

It is hoped that when the next NFMA comes along, that you the reader will be able to put aside some time and attend and experience the event and be able to visit the Philippines to get a true taste of the country and the people.

Maraming Salamat Po





The 1st National Filipino Martial Arts Festival aims to restore the cultural heritage art and good moral values thru Filipino martial arts discipline; to promote brotherhood, solidarity and deeper understanding among the advocates of Filipino Martial Art; to inculcate the intrinsic quality of the Filipino Martial Arts. To bring to the consciousness of every martial artist that Filipino Martial Art is a deadly, practical and the most profound form of martial art; to uplift Filipino image thru FMA discipline, values and religious spiritual practices.

On May 6 and 7, 2006, the Department of Tourism, in cooperation with IMAFP, PIGSSAI and the

NFMA Organizing Committee, launched the 1st National FMA Festival in support of the nationwide Arnis Awareness Campaign Program. This project was a big leap in uncovering one of the hidden treasures of Philippines.

The Hidden Wealth of the Philippines

By Peachie Saguin

In Ancient Philippine History, the Filipinos were always regarded as skillful swordsmen. Sword fighting was both an art and a skill, and it protected our ancestors from invaders who wished to conquer their beloved islands.

Such skills became recognized as a powerful weapon during the Spanish regime, hence, the people were prohibited from carrying their bolos and the practice of their use was forbidden. Determined not to lose the skill, the Filipinos revolutionized their drill into a dance, and a new weapon replaced the sword, emerging into existence in the form of a long wooden stick.

Today, the use of Arnis has gained worldwide acceptance as more and more countries embraced the tradition evolved by the Filipinos. In Europe, Germany has invested much in its propagation, as evidenced by two successful FMA festivals held in the country in February 2002 and March 2004. In the United States, Arnis has also gained recognition as the martial arts of choice for military and law enforcers. It has been adopted into the American as part of its law enforcement tradition.

Because of its distinct movements and forms, an Arnis practitioner, commonly called an Arnisador, can easily escape many forms of street attacks. The principles of Arnis can be applied even if the only thing you have in possession at the moment of attack is just your cell phone, bag, umbrella, ball pen, or just your empty hands for combat.

Knowledge of Arnis can be very useful in our daily lives not only as a form of self-defense but as an excellent exercise to stimulate body movements and enable proper blood circulation.

Ironically, here in the Philippines, not every Filipino is aware that Arnis is the legacy of our ancestors, the hidden wealth that our forefathers had left for us to nurture and develop.

The Birth of the National Filipino Martial Arts Organizing Committee

By: Peachie Baron-Saguin with Rudy Vivero

The 17th century philosopher Thomas Hobbes once wrote that life in a state of nature was solitary, poor, nasty, brutish and short. If you are observant enough, you'll see that with the advent of civilization and increasing population, nothing has changed much; it is still as it was. There are too many criminals now—murderers, rapists, all kinds of socio-paths, low-life sort of people who are in the service of death to shave off a burgeoning population.

There may be too many laws, increasing number of policemen in our time, but they can't protect everyone every time. Policemen usually come after the deed—after the victim gets maimed or gets killed. Either way, the victim loses, as he or she is meant to do.

In such an environment one may have paranoid reaction. But paranoia has little to do with it; reality has. It is a reality that you can get pushed around, get mugged, and get beaten up, or even get killed—be a victim. If you find yourself in such a situation, you may ask, with your eyes looking up the sky:

"Oh, come on, why me?"

If somebody in the sky could answer, he would say:

"Why not? You're a human being; you're subject to all sorts of inhumanity that your world and time can offer. Fend for yourself. Adapt in order to survive."

If you are smart enough, you know that your survival is ultimately in your hands and legs. With your hands you can block, deflect, or parry and punch. With your legs, you can run like hell or kick. With your extremities you can do the usual instinctive reaction to danger—fight or flight.

Times there are, however, when there's nowhere to run. If you have not acquired the knowledge and training in fighting off an attacker or attackers beforehand, panic sets in. And when it does, you're really in trouble, for panic is paralyzing. It paralyzes good judgment of the situation at hand.

People in "important positions" either hire body guards, or move around while "packing heat." That is normal and necessary. But bodyguards can die like anybody else, and guns can be dangerous to those who "pack" them or to other people. It might drop and go off, hitting an innocent bystander. You might even shoot your foot off accidentally.

And if you are part of this so-called "important people," which most of us are, indeed, not, we can't afford the services of a bodyguard. Still, we are subject to abuse and attack

So if you are a realist, most likely you are also smart. People with these characteristics are likely to be prepared. So prepare for the worst and the seemingly unexpected. Train in the art, sport, and defense-offense techniques of Modern Arnis. And don't be misled that you need a stick to defend yourself. The Filipino martial arts are one of the most varied forms of fighting—armed or unarmed.

The First National FMA Organizing Committee

The world in which we live in is full of violence. This is something we may not like but we have to accept. Crime happens a thousand times a day at all levels of existence and to ignore the possibility that it might happen to you one day is rather juvenile. Fearing its existence is acceptable, but getting caught unprepared is unthinkable. Suffice it to say, it is comforting to know one can protect one self in case the inevitable happens. As one saying goes, it is better to have a gun and not need it, than need it and not have it, and so it is true with self defense. In times of trouble, one can only reflect with regret not having learned a discipline that would enable them to parry and dodge attackers, thereby protecting themselves.

The use of force is something not everyone is capable of, and carrying of firearms like guns, or even knives would require a license, which is another difficult issue to tackle. There is one effective weapon thou that does not need any license. The stick, which is popularly known as Arnis. This system of fighting originated in the Philippines, used by early aborigines to protect their islands from invaders. For centuries, the use and application of Arnis were developed by Filipinos, thereby perfecting the art.

Today, a new organization came into existence to further propagate the art, unifying different clubs. The National Filipino Martial Arts Organizing Committee, which was conceived in December 2005 by a group of martial artist from different clubs, spearheaded by Master Samuel Dulay. To date it has more than fifty members with Master Jimmy Paclibar as its president. Their first project is a festival of Filipino martial arts, launched last May 6 and 7, 2006 at Clam Shell 2 in Intramuros. The event showcased different styles of sticks and knife fighting, coupled with other forms of defense and offense. In the morning of the first day, there were also games which all originated in the Philippines. Some walk in foreigners happily participated in games like sack race, Patintero and egg catching, and right after lunch, an arnis clinic were conducted by different masters. A cultural presentation was held in the evening, and highlighting the event was the demonstration of different clubs of their styles and techniques. The culmination of the event was the awarding and recognition for grand masters on the second day, where certificates were also given in appreciation to different clubs that participated in the festival.

It is the hope of the National Filipino Martial Arts Organizing Committee that more FMA festival will follow suit in the future with more participants, both foreign and local. Mabuhay ang Arnis! Mabuhay ang Pinoy!

Philippine Indigenous Games and Sports Savers Association Incorporated PIGSSAI

Department of Tourism Bldg. Rm. 508 5th Floor. Kalaw St. Ermita, Manila Tel. (632) 524 2997



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Member

Jimson Dearos Reynante Dominguez Lorie Dominguez Rodolfo O. Espinosa Jon Escudero Paulo O. Motita Mitze P. Secopito

Organizing Committee



Abner Anievas IMAF Hong Kong Antonio Ivan Aguirre Modified Tapado Ronald Baxafra Lawlan-PNU Jimson Dearos FFAI-Earist Engr. Jose Dion Diaz Doblete Rapillon

Reynante and Lohrie Dominguez PNP Samuel Dulay IMAFP

Jon Escudero Lightning Scientific Arnis International

Rodolfo O. Espinosa Paclibar Arnis

Jerry Evangelisan Dekiti Tersia Siradas Generoso Martinada Liping Maharlika

Paolo Motita IMAFP Jaime Paclibar Bicol Arnis

Rodolfo Poblacion MATCOP Tulisan System

Reynaldo A. Postrado Liping Maharlika

Peachie Sotto Baron Saguin Bakbakan/Kalis Ilustrisimo

Mitze P. Secopito

Roberto Trinidad

Vhir Tubera

Doblete Rapilon

FMA Forum

Arkado

May 6, 2006

8am - 12 noon Philippine Indigenous Fun Games Witness Philippines Best Games

12:00 - 1:00 pm Lunch Break

1:00 - 2:00 pm Introduction of Different FMA Styles

2:00 - 5:00 pm Seminar on Basic and Advance Course (different Discipline)

7:00 - 8pm Gala Night/Tribute

A Tribute to FMA- Arnis Heroes

May 7, 2006

8:00 -10AM Philippine Indigenous Games

10:00 - 12 noon Seminar on Advance Course part 2

Seminar for Basic Arnis with Grandmasters and Masters

12:00 - 1:00 pm Lunch Break

1:00 - 5:00 pm Seminar on Advance Level 2

6:00 - 8:00 pm Fellowship Night

Film Clips/ Short Video Presentation of 2nd FMA Festival in

Germany

Awarding of Certificates



Participants

Instructors

Grandmaster Vic Sanchez
Grandmaster Rey Galang
Grandmaster Rodel Dagooc
AAI

Kasilagan
Bakbakan
AAI

Grandmaster Rodel Dagooc AAI
Grandmaster Jerry Dela Cruz
Cruzada

Grandmaster Rene Tongson Abaniko Tres Puntas

Grandmaster Jesus Pallorina WEDO

Senior Master Jerson Tortal Jr. Dekiti Tersia Siradas

Senior Master Samuel Bambit Dulay Tapi Tapi and Knife, IMAFP

Senior Master Fil Buena LESKAS

Master Vhir Tubera ARKADO Anyo & Sports
Master Jon Escudero
Master Frank Sobrino WEDO

Edgar Telibangco DDTEKA Knife Defense

Seminar Basics and Advance Courses

Master Bambit Dulay



Guro Jery - Air Force





Master Rodel Dagooc



Master Frank Sobrino - WEDO





Taking a Break







Grandmaster Rey Galang and Grandmaster Tony Diego



Rollando Maximo, Peachie Baron Saguin, and Master Tony Aguirre

The Crowd watches and is eager for more...



Gala Night

Venue: ClamShell 2 Ontramuros Manila

Video Clips - Windows Media Player needed
 1st NFMA Greetings - Click Here

Doxology

- P.T.A. Choir/Ceremonial Prayer
- Flag Ceremony
- National Anthem
- Entry of FMA Emblem/Logo
- Introduction of Organizing Committee National and International FMA Festival
- Arnis National Hymn
- Introduction of Different Masters of the Filipino Martial Arts



Ex-Gov Pelagio Villegas Opening Prayer

Introduction of Different Master of the Filipino Martial Arts



Dayang Mitze Secopito and Master Rene Tongson



Master Roland Dantes Master Rene Tongson





- Welcome Address
- President of NFMA
- Video Clips Windows Media Player needed
 1st NFMA Greetings Click Here

Guest Inspirational Talk:



By Executive Director Cecile Guidote Alvarez, National Commission for Culture and the Arts



Master Jaime Paclibar President 1st NFMA

Cultural Dance Presentation

Bellstar Cultural Dance group





- Indak Turismo, PTA

Demonstration of Different Filipino Martial Art Styles

Grandmaster Vic Sanchez - Kasilagan





Grandmaster Rey Galang - Bakbakan







Grandmaster Rodel Dagooc - AAI



Master Jerson Tortal Jr Dekiti Tersia Siradas



Samuel Dulay - Tapi Tapi and Knife, IMAFP









Ginalyn Relos - Kayog



Jordan Bugnosen - IMAF Baguio



Guro Mike Gubat IMAF - Ipit Pilipit Style



Master Frank Sobrino - WEDO



Master Edgar Telebangco - Telebangco System



Master Rey Postrado - Liping Maharlika



Master Sioc Glaraga

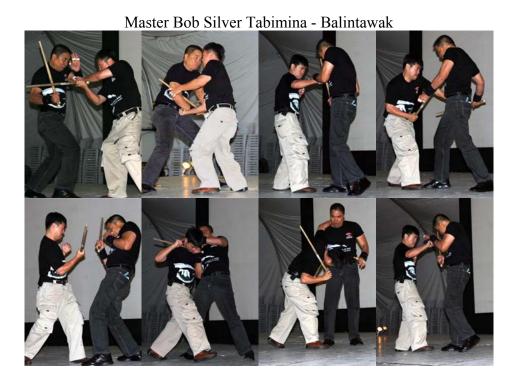


Master Roland Dantes



Master Rene Tongson with Sr. Guro Rodolfo Poblacion Jr. - Abaniko Tres Puntas







Grandmaster Tony Diego with Tom Dy Tang - Kalis Ilustrisimo



Grandmaster Tony Diego – Kalis Ilustrisimo Peachie Baron Saguin - Bakbakan Punta y Daga



Rodolfo Poblacion - MATCOP Tulisan System



Guro Paulo Motita – IMAF Tapi Tapi



Senior Master Alex Dela Cruz Liping Maharlika



Guro Jerry Evangelisan - Dekiti Tersia



Dayang Ginalyn Relos performs Tapi Tapi with Jimson Dearos



Dayang Ginalyn Relos performs Tapi Tapi with Master Bambit Dulay



Engr. Dion Diaz with Dayang Mitze Secopito



In Memory of Filipino Martial Art Heroes and Senator Robert Z Barbers

- Video Clips Windows Media Player needed Filipino Martial Arts Legends - Click Here
- Posthumous Award

The Martial Art Of The Warriors

Celebrities who are Arnis practitioners By: Peachie Baron Saguin

Amidst the growing numbers of different disciplines that are now in our country, it is heartening to note that some of our well know celebrities are practitioners of Arnis, the Filipino martial art. It is equally interesting to know, that long before other martial arts became popular, the use of sticks have been adopted by other countries in their law enforcement application.

The use of sticks as combat weapon originated in the Philippines. History reveals that our early ancestors, mighty as they were, used this magnificent skill of sword fighting to protect their lands from invaders. A foreigner. Who has come to the Philippines to learn this art finds the training magical.

To name a few celebrities who are Arnis practitioners, we have Congressman Miguel Zubiri who started his Arnis training at an early age. His passion for combative sports brought him to study Arnis. A warrior by heart, Miguel learned the art of stick and knife fighting



Congressman Miguel Zubiri

through the tutelage of Master Tony Diego, Master Christopher Ricketts and Master Edgar Sulite.



Peachie Saguin, Mon Tulfo, Rey Galang and Paul Butalid train in Lengua De Fuego.

Mon Tulfo is another gladiator. His ability to move by instinct when it comes to stick fighting is simply incredible. Taught by Master Christopher Ricketts and Master Tony Diego, he has in countless times won in tournaments without practice.

Not to be forgotten is Roland Dantes who is not only an Arnis expert in his movies but a Master of Stick in real life. Together with Senator Lito Lapid, also a true to life Arnisador, Ronnie Ricketts along with Monsour del Rosario,

have in most of their films used stick fighting scenarios to further propagate the art.

It has been said that the sign of a true warrior is not only through his valor but also in his expertise to use his sword. If that would be the premise, then we can safely say that Filipinos because of Arnis could be one of the greatest warriors in the world.



Roland Dantes

Guro Abner Anievas



......A Tired body with an overwhelming heart,

.... Seating in the airplane on my way back to Hong Kong, I cannot help myself from reminiscing about the event that just happen in Intramuros Clamshell. I pause a bit and try to remember the faces of people I have met during the festival. With the many Filipino indigenous games played, and I even, competed in one of the games with an embarrassing last place.

The hot sunny afternoon, which did not dither the senior master spirits from teaching, and the many Filipino martial arts practitioners who had to wait for the chance to train with different Masters from their respective system.

Photographs and videos were taken and I was seating at one chair exhausted from talking to different great masters. It made me realize that I was only one of the many individuals who were lucky enough to be part of this historical event, that is the '1st National Filipino Martial Arts Festival.' It made me think that no matter how far I had traveled to attend the event at the end it was an experience worthwhile reliving repeatedly.

The last techniques were taught and the NFMA organizer was presented to the public, Grandmasters, Senior Masters were given credit and I said my goodbyes.



Master Dagooc, Grandmaster Dela Cruz, Guro Anievas, Roland Dantes

.... Sipping my coffee on the plane I can now smell the air of my home, no traffic, air-conditioned everywhere a clean financial center a modern city. I look out the window and I can see in the clouds the image of all the people from different systems.... I ask myself "could this be the start of Unification in Filipino Martial Arts?" ... Could this be the beginning where all the differences will be set aside and all will be concentrating on

the promotion of the Filipino Culture through the use of Filipino martial arts? Is it possible that with this event it will be the start of an unselfish coordination and a sharing between many groups?

.... We have overcome many wars in our history with the Spanish, the American and the Japanese. However, there is a war I do not believe we can overcome...its fighting between ourselves. Got my suitcase, I am tired and exhausted but the experience that I had from the festival is something worth remembering, The First National Filipino Martial Arts

Festival.



"O kayo dyan ... kainan"

"We are remember by the action we do and not by the words we spoke" Guro Abner P. Anievas

The Masters





IMAF-HK Guro Abner P. Anievas Founder/President Quarry Bay, Hong Kong Email

Website

The 1st National FMA – A Pinoy and Regal Atmosphere

By: Jean Paul Zialcita

Here is the much overdue feedback on the 1st National FMA festival. The truth is I wasn't sure what I could write since I came at the end of the last day, but here are some thoughts on what I caught and Filipino martial arts as a whole.

First of all, as I have said repeatedly, the logo was impressive, GALING! Very cool. Kudos to the designers. Pinoy na pinoy ang elements! Very regal ang dating. You feel proud when you see it. Just a suggestion for the FMA festival in July, puedeng paikutin yung SUN and the flag colors can move like a wave using a little animation.

The venue was great! Bagay na bagay! Clamshell provides a very conducive environment. It's easy to find, there's adequate space, good logistics and facilities such as air con, seating and that whopping Video Screen Stage was GALING! Marami ding sabitan ng banners! Nice to see all those different logos of different groups on display! The surrounding Intramuros enhances the vibe and makes it comfortable, fun and safe for people to go in and out. Clamshell has gained a reputation for hosting events related to art and culture and for that matter, the city of Manila as a whole. It is befitting the Filipino martial arts for all intents and purposes. It reflects how serious the efforts are to unite and promote it as a cultural art form and demands that it be taken seriously.

I give much credit to the people who stayed till evening on the 2nd night to see the affair to its conclusion. The shortage in numbers did not mean a shortage in enthusiasm. "Laban hanggang sa huli", ika nga i.e. "Fight till the end"... Even then, diversity was still very much seen and you could feel the mood of celebration that much was accomplished by this event.

It was an honor, as it always is, to have shared the magic of the drum with those present and in spirit, to those not. I thank you and the people who made me feel welcome for allowing me to play. I enjoyed very much especially when people got up on stage and took turns doing anyo and demos with the live music in the background. Percussion, drums, rhythm, arnis, kali, escrima, dance, music, movement, costumes are all one beautiful mix to me. They are all related. For me, it is in this way that the beauty of our "katutubong pananandata" i.e. indigenous weapons, truly shines through; that we can promote and celebrate it is a culturally relevant and significant treasure, more than an act or excuse for violence or aggression as many people still see it.

It is high time that the variety and the diversity of Filipino martial arts be celebrated and not be frowned upon. We should be happy that there is such a variety in expression or else it would not be as interesting. There can't be a "one ultimate, superior style". Marami at Makulay. Parang yung samu't saring (i.e. varied and colorful) team logos on display. Each one has its own meaning, it's own story why it was designed that way. Each is an expression and another outlet for art with a corresponding significance and sentiment. Ang ganda nilang tingnan lahat (nice to look at). Respect for one another and acceptance of one another is the key. When someone starts to impose his style on another, that's when trouble starts. There is something good in all to learn from. The contest of "Which is the best style?" must be overcome for us to move forward. The world is waiting. There will NEVER be a "BEST STYLE", a "BEST PLAYER" or a "BEST MASTER" only "BEST INTENTIONS".

Any effort to bring the many, different Filipino martial art groups, clubs and organizations together like this is always an admirable endeavor and one worthy of praise. Important also to note that it is not always the best and toughest practitioners who take on this task but the ones with the best of intentions, open minds and sincerity. The giving of oneself to promote his art form has little to do with strength in battle. It is never easy and it always has its share of divisiveness. That is why it is an ongoing and continuous process.

PUGAY!



Videos of the 1st NFMA

Michael Gubat

If I may tell the story about those videos, here's a short write up:

About six days before the start of the 1st National FMA, Master Bambit Dulay sent me an email asking if I can come up with an AVP (audio-video presentation) for the 1st NFMA. He didn't mention in his email any details so I gave him a call. I asked him what should the video or videos contain and how many of them he needs. I asked him next about the raw materials. Are they all photos or are there also video clips? From what type of media are they being sourced? And finally, how do they plan to show or play the materials?

From that call, I learned he wanted more than one AVP material but the exact number would really depend on how many I can make. There are pictures and videos coming from different sources: some are coming from DVD's and others from DV tapes. Master Bambit also said they plan to use an LCD projector connected to a DVD player to play the videos.

There was a bit of hesitation on my part as it was only a couple of days before the event. Video editing is not really my main job (I am a project manager in an IT

company), it's just a hobby, a passion that helps keep my sanity checked and my right brain functioning. But the opportunity of being part of a historical event, however small that part may be, was just too much to ignore and so I agreed to help and come up with something. Best effort, I said.

Wednesday of that week, three days before the event, Master Bambit with Guro Jimson came to my house to hand over the raw materials. It was already 1:00 in the morning when they got there because Master Bambit had to attend to a lot of other things earlier that day related to the 1st NFMA. We went over the materials, selected which ones can be included in the videos (most of there are in mini DV tapes) and tried to come up with themes for the videos.

We decided there should be three: one showing the past two FMA events and should serve as a teaser for the 3rd FMA; another one to show the preparations being made for the FMA; and last but not the least, a tribute to the masters and grandmasters who passed away.

Wednesday night, I gathered the materials, captured on to my computer short clips coming from different tapes, checked the resolution of the digital pictures given to me and resized and sharpened as needed, and converted the soundtrack to the appropriate format.

Thursday night, I started working on the first video, the one that would serve as a teaser to the 3rd FMA. As I didn't think I would have time to record voice-overs, I threw the idea of making a documentary. Besides, a documentary approach might be bit boring for the audience. I took a new age soundtrack, divided it into parts and put in videos and photos along the timeline (if you have done video editing, you would know what I mean). After about 5 hours of editing, I knew I was only half way done.

Friday night, I started working on the "Legends" video. Per Master Bambit's advice, I used the same soundtrack that was used for the tribute video in the 2nd FMA, Enya's song "Only Time". Making use of the pictures of the masters and grandmasters taken from the FMAdigest site (thanks again Steven), I was able to come up with the rough cut in less than an hour but getting the timing of the transitions and the overall feel of the video right took me another 2 hours. After a total of 3 hours, I went back to the teaser video.

Saturday morning, after only about 4 hours of sleep, I continued working on the teaser video. I knew there's no way I will be able to work on the 3rd video so I just focused on getting the teaser video done and done well. Around lunchtime, I felt I already had a good cut. I spent the whole afternoon rendering the videos to several formats and burning several copies to be make sure I had enough backups. I left the house around 4pm, feeling tired but satisfied.

Before handing the discs over to the technicians, I showed the videos to some of the Guros and Masters in the event. I got good remarks. When the 1st was finally played, it was applauded. But equally satisfying was the crowd's reaction to the Tribute to the Legends video. As the pictures of the great masters were being shown, groups of arnisadors would be clapping for their respective masters. I knew then that it was a gathering of not just one or two or three styles. It was a gathering of many practitioners, each carrying their own flag but everyone in unity in support for the Filipino Martial Arts.

Extra Gallery



Kalis Ilustrisimo group who did a demonstration.
Standing from left-right is Russel, Tom, Bruce, Peachie,
Grand Master Tony Diego, Arnold and Kevin.
Seated from left-right is Torque and Warren.

Entertainment during the Festival Days...



JeanPaul Zialcita

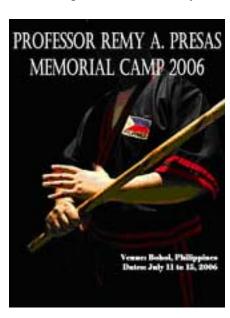


Redj Baron and Andrea



www.fmafestival2006.com

Special thanks to Jaylord Padilla of IMAFP for designing the FMA Logo





3rd FMA Festival 2006

July 11 - 21, 2006 Tagaytay, Cavite and Manila Philippines

Flyer

Email

Website

Website

Website

3 BIG events will be held in the Philippines:

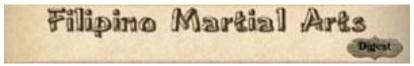
- 1. The Professor Remy A. Presas Memorial Camp on 11-14 July 2006.
- 2. The 3rd FMA Festival on 17-20 July 2006.
- 3. The GALA Night and Lapu-Lapu Award, on 21 July 2006.



Rapid Journal



Maharlika-Enterprizes



Filipino Martial Arts Digest

Register your FMA School Post your Event

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An Ad in the Filipino Martial Arts Digest can create Business. Your Advertisement for Filipino martial arts equipment, books, videos etc, can be included in the Filipino Martial Arts digest.

Website Advertisement - Free Subscribers Online {e-book} digest - \$5 per Issue

> Website Application Hard Copy Application